

# Parish Voice

The Anglican Parish of Broadview and Enfield

ISSUE 6

'Gift of Love'  
Edition

Winter 2016

## A LOVEable Parish

By Reverend Sophie Relf-Christopher



**Friends, when I came to this parish I was told to “love these people” (I think by a Bishop, but I can’t be sure now). That turned out to be easy. I have not been reluctant to regularly share with you how amazing I think our people and parish are.**

When I came to this parish I was told it is good to its priests. That turned out to be true. You have been very good to me and my family. The Relf-Christopher's even grew by one whole child in our time in the parish.

Together, we have really tried to listen to the needs of our people, who were a little disheartened for a while, but who have moved into a healthy and hopeful phase that has borne much fruit for God.

Time flies when you’re having fun, so allow me to highlight just some of our key achievements together; we have developed a structured calendar of our events, we have a proper Parish website, we have a well-supported publication in the Parish Voice, we have a missional focus in all we do, we have been strengthening local ecumenism (e.g. ecumenical bible study/lunch, a combined fair date, our new Combined Community Carols), we have developed a local intercession cycle and use it weekly, we created a happy kid’s area at St Philip’s, we have an invigorated relationship with St Philip’s Kindy bearing lots of fruit, we have a Music Coordinator and new and well received variety in our music, we had a Parish Vision Planning day that has shaped a lot of our planning for 2016, we have hosted Deaf Church and learnt a lot, we boast a fantastic Art Show that is the talk of the area, we worked tirelessly on making the most of our fiscal resources including establishing a Finance Subcommittee to explore our options honestly, we catered to our littlest parishioners through a program of Kid’s Playdates which has evolved into a more structured Sunday Funday program, we have welcomed Anne Bastian to the office, we have celebrated St Philip’s 90th birthday, we have enjoyed a visit from Adelaide’s First National Indigenous Bishop, +Chris McLeod,

### Parish Program

Sundays - Sung Eucharist 8.30am (St Clement's) and 10am (St Philips)

Tuesdays - Centering Prayer Group 9am (St Philip's)

Saturdays - The Book Shed - 9am - 12 noon (St Clement's)

Wednesdays- Monthly services at BUPA and Oakwood Aged Care in Enfield

Hospital visits, home communion, baptism, confirmation, weddings, funerals – by appointment with the parish priest.

## A LOVEable Parish (cont.)

we are trying new things like the Toy & Books Sale, we have undertaken some very significant maintenance works at our churches and begun the process of welcoming the Malayalam-Speaking Congregation worshiping in the tradition of the Church of South India, into our parish. All these milestones were only possible because we built on the strong foundations that our churches enjoy, thanks to the hard work of faithful members of the parish family over many decades.

In this same timeframe we welcomed the arrivals of some of our most adorable parishioners: Ruth Kowaliw, Rupert Relf-Christopher, David Searson, Patrick Nikoloff, Sophie Poyner, Jackson Penn....and the parish now eagerly awaits baby Poyner #3 in early August.

That is all the new stuff, but of course we have of course also been: worshipping, baptising, marrying, conducting funerals, bible studying, welcoming newcomers, enjoying fellowship, fundraising, singing, supporting appeals, visiting nursing homes, taking home communions, praying for the world and church and supporting one another in faith.

I must say that the lay leadership here is very strong and I am extremely grateful for members of our many teams of workers, and to the parish Council for all we have achieved. I also want to single out our extremely hard working and devoted Treasurer Pamela, and Wardens Carren, Lynn, Grant and Lorraine. They have been inspirational.

As I leave, I feel very positive about the next phase in the life of the Anglican Parish of Broadview and Enfield. Thank you all, and every blessing in your future adventures!

Love Sophie

## KIVA UPDATE & REMINDER

**Kiva** is a non-profit organisation which facilitates microloans (starting at as little as \$25) to people to alleviate poverty by assisting them to start their own business, get an education, or buy supplies or equipment to assist them to maintain an existing source of income.

For the past 6 months thanks to some generous donors in our parish family we have been able to lend funds to 2 women starting businesses in Kenya. Sopia wanted a loan of \$100 to start her own fruit and vegetable stall in her village to help provide for her family. Catherine wanted a loan of \$75 to start her own business selling baked goods. Both Sopia and Catherine are on target with their regular repayments to us, so that we now have \$85 to our credit. This money may be reinvested with another Kiva borrower, or we can withdraw the money. It is amazing what a difference a small gift of love can make in someone's life. Please check out Kiva's website [www.kiva.org](http://www.kiva.org) and read about the amazing people we can assist, and if you have any ideas about a project you would like to support, please let me know.

By Carren Walker



Pictures: Sopia (left) and Catherine (right)

# All you need is ....

'Write something about love,' said Sophie when we first spoke about the theme for this issue. I tried, oh Lord how I tried, to convince her I wasn't the best man for that job, but she would have none of it.

The sixth edition of Parish Voice comes to you in the aftermath of two weddings within Broadview and Enfield's extended family. By pledging themselves to each other before God, Emily and Brodie and Andrew and Leigh have done something braver and more grown up than I've so far been able to contemplate.

Perhaps it's because I think with my head rather than my heart that I'm content for love, at least in the romantic sense, to remain a mystery to me. I may not understand it, but I'm glad that so many others believe in it enough to commit to the ideal and build a life together.

There is, of course, more to love than popular songwriters or authors of romance fiction would have you believe. In my life I have known and am thankful for the love of my family and friends. I have also witnessed many times the depth of love that has kept this church community together in times of change and upheaval.

As we move on to a new phase in the shared lives of Broadview and Enfield, I'm about to make a fresh start of my own and pursue some new challenges. This means it's time not only to step down as editor but also to bow out as an active parishioner. From me and on behalf of my late mother, who many of you will remember, thank you all for the love you have shown us over the years. I won't forget it.

By Stephen Lord



## An update on our mission giving from the Treasurer

By Pamela Sherwin

We often hear people say that '*money is the root of all evil*' but as bible reading Christians we know the correct quote is '*the love of money is the root of all evil*' but of course as Christians we share our *love* and the result of that is that as a parish this year we have generously given to ABM Lent Appeal \$599.25, Church of Jerusalem (Good Friday) \$217.60, NCCA \$115.00, BCA \$108.00, Anglicare weekly collection and \$10.00 and to ABM's Myanmar water & sanitation project \$1502.80.



### Another way to help ABM

In the last 5 years \$38,500 has been raised for ABM as a direct result of stamps!!!! Please cut your used stamps from any postage you receive (leaving a 1 cm border if possible) and place them in the box marked 'ABM Stamps' at the entrance to St Philip's. The stamps are trimmed and sold to stamp dealers. **Pamela Sherwin**

# Penn Portrait: Anne

Anne was born in Adelaide and at 15 months went to India as her father, an electrical engineer worked there. Much of her early life was spent between Adelaide, London and India. She spent her early childhood at a boarding school in Kent before being evacuated to Somerset in 1939. The family returned to India for most of the war years and Anne boarded in three schools including one in the Nilgiri Hills. At the end of the war she returned to school in Kent until she went to the Royal Free Hospital School of medicine to obtain her medical qualifications.

As Anne gained her higher medical qualifications she worked in London, Birmingham and Edinburgh. During the Biafran War she was the Senior Paediatric Registrar in the hospital in Nigeria. Anne still had family in Australia so returned to Sydney in 1969.



From there she moved to Newcastle to become Consultant Paediatrician which opened traveling to various countries for conferences in Genetics and Congenital Abnormalities.

Anne's love of travel was enhanced during this time as she found herself in Vienna, Berlin, Barcelona, Paris, Delhi, Rome and Buenos Aires. On her return to Australia she had various positions in General Practice and Paediatrics.

Although Anne doesn't travel very much these days she has a keen interest in all things relating to travel including reading and travel programs. She has a life long love of music and may perhaps have pursued music rather than medicine. She enjoys crosswords and art and loves animals, which perhaps is demonstrated by her following poem:

Anne is pictured here at about 20 years old.

## Piano-Top Courtship

By Anne Rendell

There they stood on the piano top, a wooden horse and a wooden cat  
Both of them black and shining bright and neither wearing a coat or hat.  
The horse instead a saddle he wore of alternate stripes of yellow and red  
And the end of his tail was a big black ball that looked fluffy enough for a feather bed.  
To make him even more handsome he had a little white nose and little white paws  
And still he stood with admiring eyes on the feline beast so famed for her claws.  
And she with perfect grace and charm returned his gaze with an answering purr  
And fluttering her eyebrows, looked all coy and approvingly glanced at him with brushed fur.

Penn Portrait by Rosemary Penn

# Del and Val- Friendship over a lifetime

By Del Chesson

Val & I must have first met at primary school, but I remember her more when we both attended Adelaide Technical High School as we often boarded the same tram.

After leaving school, we didn't meet again till the fifties when we found ourselves living just around the corner from each other at Enfield Heights, as it was then called. And of course being Anglicans, we both went to the nearest Anglican Church which was St Clement's.

We became good friends while working on the Church Social Committee and I discovered when we had Progressive Dinners that Val was a good cook!

Now that we both live in the same Retirement Village and, sadly no longer have our husbands, we are glad of each other's company and very often attend functions in the Village together.

We are both in our nineties and I think I speak for Val in saying we still find a lot to enjoy in life.



Pictured: Val (left) and Del (right)

# Poetry & Love

## LOVE – THE DROUGHT BREAKER

She came in the night  
Softly hesitant,  
Escaped the leaky, pin pricked sky.  
Spotting, spattering, dripping over eaves  
She bounced in the dust of the bitumen road.  
Sliding off the shed roof,  
giggling in the drain,  
singing in the tank in the parched back yard.  
She stayed to meet the morning,  
dancing, confident,  
and washed the face of the new-born sun.

## - Margaret Nelson June 2016

## Dreams of a poet

will the storms clear  
and the warblers sing?  
can the love of wisdom  
bring the wisdom of love?

- Bob Cowley



# Gift of Love

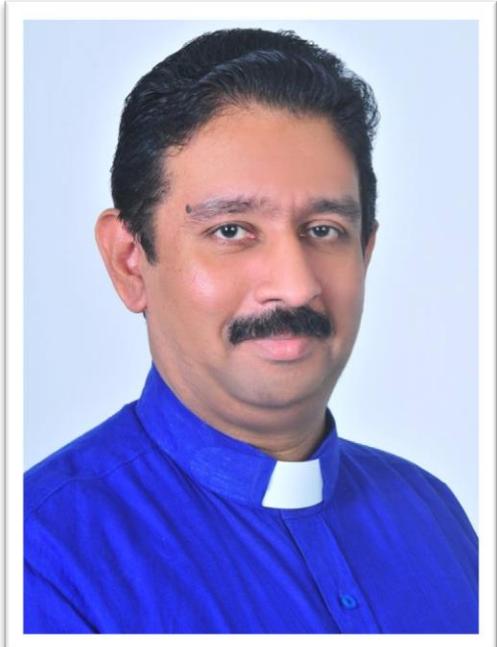
By Reverend Vinod Victor

The faith journey of the pilgrim people was always marked by milestones where places, people and provisions impacted their formation. The Church of South India is believed to be one of the biggest ecclesial miracles after Pentecost wherein the Anglicans, the Presbyterians, the Congregationalists and the Methodists decided to join together to form one United Church. This model was replicated in several other places in the world. And when the people of South India travelled to different parts of the world and desired to worship in the manner of their parents the receiving spaces always had faith communities that adhered to one or the other of the forming churches of the CSI.

In Adelaide the CSI families that felt the need to worship in their local language Malayalam always had the warm receiving arms of the Anglican Diocese of Adelaide. Having worshipped with a few wonderful congregations the Arch Bishop suggested the move to St. Philip's to worship with the community of the people of God there making it their home. The CSI families in Adelaide are excited about the same and are glad the first step of the move has indeed been taken.

The first service led by Bishop Tim Harris leaves lot of hope for the people. While wanting to be unobtrusive in all ways possible the community hopes that the new place, the new people and the new provisions at St. Philips would prove to be a God given opportunity wherein several Malayalam speaking families in Adelaide could find their space of worship and spiritual formation. For the St. Philip's community this would be another bold expression of the universality of the gospel and the hospitality of Christian life. There is much to look forward to in this partnership.

## Introducing Reverend Vinod Victor



Reverend Vinod Victor lives with his family in Melbourne and is the Priest in Charge at St Matthew's Anglican Church Ashburton as well as the Church of South India in Melbourne, who coexist in the parish of Ashburton, Victoria.

He travels monthly on a Saturday to Adelaide to take the Malayalam language services in our parish and guides the community.

I asked Rev'd Vinod to write a few words about the congregation and about love and he wrote the above encouraging thoughts for our parish.

You can read more about Rev'd Vinod, his church and his work here:

[www.melbournecsichurch.org.au](http://www.melbournecsichurch.org.au)

By Rev'd Sophie

# Hospitality with Love

By Sophie Relf-Christopher

The Malayalam-Speaking Congregation, worshiping in the tradition of the Church of South India, came to begin their journey in our parish at St Philip's Church on Saturday June 4<sup>th</sup> at 10am. It was a truly moving service and all present including Rev'd Vinod Victor from Melbourne, Bishop Tim and Fiona Harris as well as members of St Clement's and St Philip's congregations enjoyed the event. We all mingled afterwards and enjoyed the hospitality provided by the Malayalam congregation, who took the opportunity to make it clear that they hoped to come to the parish as soon as possible. They are here now as our guests, and are very welcome among us!

As we work out the details of the official coming-together I wanted to print here the plan for July & August to show everyone in the parish how future plans with our guest congregation (soon to be part of our parish community) will work in coming weeks:



The happy congregation outside St Philip's Church on June 4<sup>th</sup> 2016

<b>July</b>		
1 <sup>st</sup> Saturday of month 2/7/16 10am	Malayalam language	Lay lead
2 <sup>nd</sup> Saturday of month 9/7/16 10am	The congregation is travelling to Melbourne for a conference with members of other congregations worshiping in the Church of South India tradition.	
3 <sup>rd</sup> Saturday of month 16/7/16 10am	Malayalam language	Lay lead
4 <sup>th</sup> Saturday of month 23/7/16 10am EUCHARIST	Malayalam language	Rev. Vinod Victor
5 <sup>th</sup> Sunday of month 31/7/16 10am EUCHARIST Worship & Farewell Lunch	English Language Service	Rev. Sophie Relf-Christopher *NB All of parish combined worship
<b>August</b>		
1 <sup>st</sup> Saturday of month 6/8/16 10am	Malayalam language	Lay lead
2 <sup>nd</sup> Saturday of month 13/8/16 10am	Malayalam language	Lay lead
3 <sup>rd</sup> Saturday of month 20/8/16 10am EUCHARIST	Malayalam language	Rev. Vinod Victor
4 <sup>th</sup> Sunday of month 27/8/16 10am EUCHARIST *NB Combined St Philip's congregations only.	English Language	St Philip's Locum Priest

# Around the Parish



## St Philip's 90th Birthday service and lunch



Rev'd Caroline Pearce and Rev'd Sophie during the service at a packed St Philip's.



Reminiscing over lunch



**Quiz night:** May 14th Parishioners and friends pitted their wits against Penny Bissell's canny questions with Carren's table beating the pack (again!). It was a fantastic night of fun. Well played Penny and team!

## Autumn Fair

Bargains galore, baked goodies, bouncy castle, bags of books, and buddies to catch up with over morning tea... the annual Autumn Fair was a great fundraiser and opportunity for fellowship again this year.



Hazel finding new homes for the teddies and toys.



Catching up over morning tea

# Around the Parish (cont.)

## First Saturday service of the Malayalam congregation



A joyful first service with Rev'd Vinod and our friends from the Malayalam speaking community was held on June 4<sup>th</sup>. Songs and readings were in English and Malayalam with some songs sung in both languages at the same time, raising the roof at St Philip's. Bishop Tim preached and celebrated the Eucharist in English and friends from the Malayalam community in Melbourne came to support and celebrate this new beginning with a scrumptious morning tea shared after the service.



## 2 Fabulous Baptisms!

LOVE in action – a special service and another scrumptious morning tea at St Philip's on June 19<sup>th</sup> when **Emilie Oerman** and **Jackson Penn** were welcomed into the Church at their baptisms.



Emilie and her family



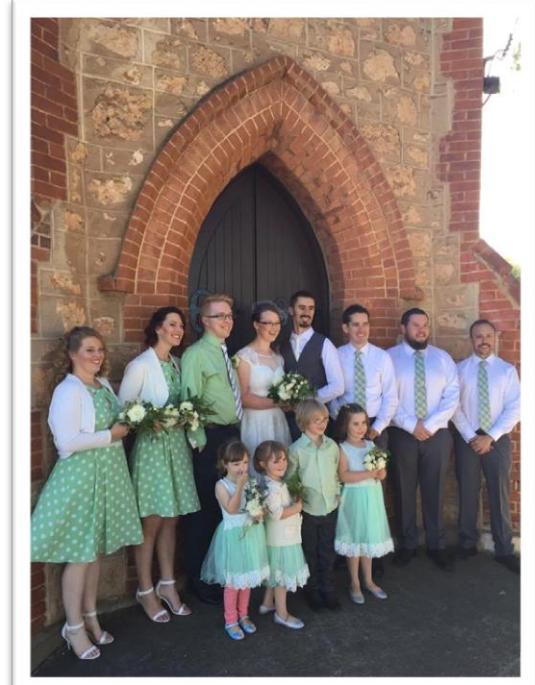
Jackson and his Family



# Our Parish Weddings



## Emily Brindal & Brodie Church





# Our Parish Weddings



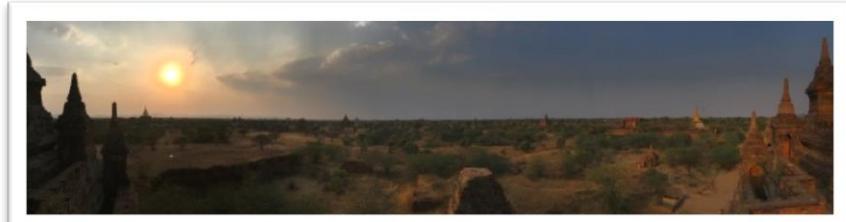
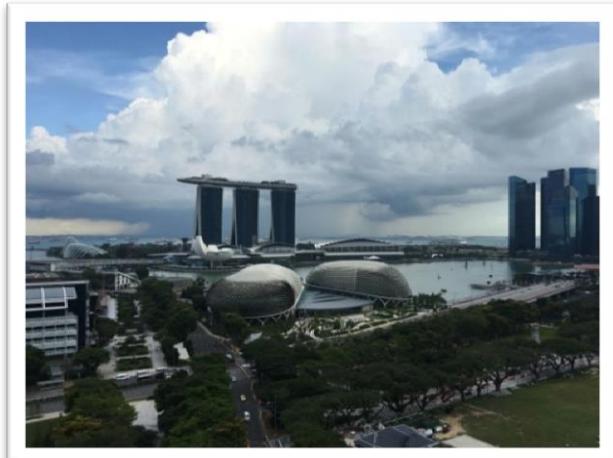
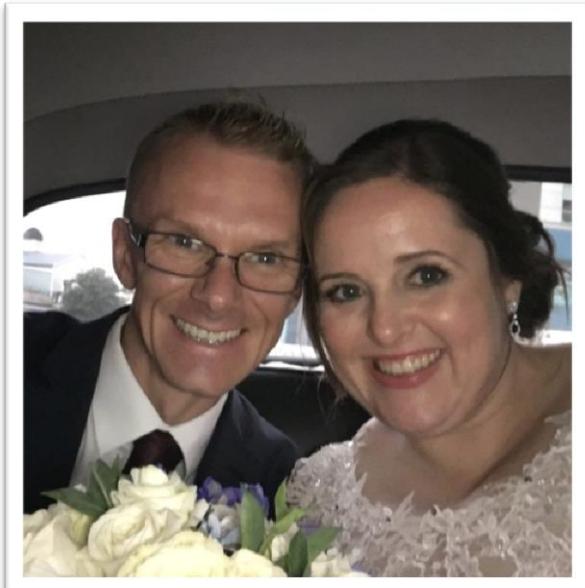
## Andrew Heath & Leigh Gordon-Edwards



**Love is...**your fiancé (now wife) agreeing to have our wedding in New Zealand. Agreeing to a small intimate wedding having never seen the wedding reception, church, or some of locations planned for the wedding photos. Organising almost everything from across the Tasman Sea was not always the easiest.

Love, patience and a lot of help from friends and family made the entire day come together really well. Being able to celebrate the start of our married life together surrounded by those nearest and dearest was awesome.

Travelling is something Leigh and I both love. We meet on a holiday, on the other side of the world. Our travel adventures to new and exciting countries are great fun. We hope you enjoy a few of our photos of Wellington, New Zealand, Bagan, Myanmar (previously known as Burma) and Singapore. **By Andrew Heath**



# Her Journey

Our friend Yvonne Bennett was diagnosed with Non-Hodgkins Lymphoma in October last year. Her initial treatment was six sessions of gruelling chemotherapy at three weekly intervals. She was supported at every point on this hard road by the love of her fabulous husband George, her very caring family, her good friends as well as her parish. In February, about half way through the chemo her scans revealed that the prognosis was good. She had a follow up 3 weeks of daily doses of radiotherapy. Yvonne will speak to her specialists in coming weeks and hopes to have made even more progress. The following are some notes on her journey, in her own words and a recent photograph of Yvonne and George.

- Sophie

# My Journey



Pictured: Yvonne and George Winter 2016

**Some nine months ago I had to make a journey which I was told could only be undertaken by someone who was very fit as it was an extremely difficult one. At that time I did not realize how difficult it was, so I set off confident in my ability.**

As I went on I found that the path ahead was down a very steep and rough valley, very dark and forbidding and there was no turning back and believe me I did want to turn back. The days and nights were all merged into one gigantic abyss, filled with pain and despair. At times I lost courage and stumbled and almost fell off the edge but something or someone always pulled me back. My mental state was just as bad as the physical which was weak and exhausted.

One day I was so exhausted that I actually asked God why he had abandoned me in spite of my pleas for help and I wanted to lay down there and call it quits. But the face of Jesus sprang into my mind for only a fleeting moment and so I limped on and in the far distance I could see a faint light.

This light is growing brighter as I walk on. Jesus sprang into my mind for only a fleeting moment and so I limped on and in the far distance I could see a faint light. This light is growing brighter as I walk on.

I know my journey is not complete and I still have a bit of traveling to do, but I am confident I can finish it with the love and support I have had throughout this journey from many sources as well the new friendships I have made along the way and God willing I will.

**By Yvonne Bennett**

# Help from Jesus Showing God's Love

By Gwyneth Ottrey



In her sermon for the Celebration of the 90th Anniversary of the Laying of the Foundation Stone at St Philip's, Caroline Pearce said: "Our ministry as Christians is to love all, to allow ourselves to show God's love within us in ways which others can see." She went on to say that the practice of contemplation or centering prayer can help us. By relaxing our bodies and our minds we can allow the influence of Jesus' life to work on us so that our heart can come to beat in unison with his. In Jesus' words "Take my yoke upon you and learn from me; for I am gentle and lowly in heart." Matt 11:29. An image of training draft animals. If a high spirited animal is put into a double yoke, together with a tamed and stable animal of even temperament, the unruly one will gradually become calm and learn to be quiet and obedient. So too with us, Jesus' support can change us. What we think of, what we value, tends to form us. Further, we learn from the story of Martha and Mary (Luke 10:38-42) that only one thing is necessary: we just relax into the contemplation of Jesus, absorb his peacefulness, his freedom, his unity within himself, and his absolute devotion to God.

In my experience it was a desire for a deeper experience of the love of God that can draw me to the practice of centering prayer. In this form of silent prayer we let go of distracting thoughts in response to God's love, which is infinitely more desirable.



## Pregnancy and Love

By Jess Poyner

As I reflect on the theme of love in the context of being pregnant, my immediate reaction is that the little girl I'm carrying now hasn't had anywhere near as much of my attention as her brother and sister did while I was carrying them. Every week I would read a description of how Tom was growing, when he could first hear, when his fingernails developed... Time was spent preparing our home for his arrival. Even with my attention focused on raising Tom, I did similar things while carrying Sophie (albeit with reduced frequency).

Further thought, however, makes me realise that this apparent lack of attention does not reduce the amount of love I already feel for my unborn daughter. Every time she moves, she warms my heart, and I'm not the only one that already expresses love for her. Those around me also show their love: be that Nathan's hands on my belly to feel her movement, or Tom's kisses on my belly while saying 'I love you baby', or the kind queries from a parishioner on a Sunday morning on how she's going. There is no doubt that our hearts have expanded to love this little girl in anticipation of her arrival in August.



Pictured: Baby Poyner at 12 weeks saying Hi!

# Hobbies We Love

## Thoughts of a Photographer



Image sourced from pixiepunkpix.wordpress.com

By Jim Gillham

Should I take this photo? Is it lawful to take this photo? Is the answer “yes”? Is the light strong enough and in the right direction? Am I standing in the right place? Should I have the camera at ground level? Should I use a different lens? Should I use a filter? If so, which one?

These are a few of the questions I have to answer before I take a photo of a bird. As I am about to press the shutter button, the bird flies off. It was easier sixty odd years ago with an ancient brownie box camera. I had fewer variables to consider. One could only take close up photos or landscapes. The camera took black and white film with only eight frames per film. Processing was done at the chemist or camera shop. Only then did you find out which photos had “come out”.

From the 1950’s colour slide film was available. Cameras were slightly more sophisticated which meant more variables to consider e.g. brightness of light, which the camera could record.

By the 1990’s I had joined a camera club which had a darkroom which I could use. I would book it for a day during summer and print about ten enlargements. Monthly competitions were held at the club. Club members would be given the title of a theme for each monthly competition e.g. sport, body parts, air etc. An “expert” from another photographic club would judge the prints and give constructive criticism of each print. With the invention of digital cameras many photographers switched to digital. I became one of them in 2007. This allowed me to instantly see which photos were worth printing. I could erase the poor quality photos. I take about forty photos at football matches, but erase at least thirty when I come home and print only five of the remainder.

However most of my photos are landscapes where I can appreciate the sunlight, shade, trees, colours of the soil and vegetation. On the rare misty mornings I photograph the Torrens River while appreciating the sound of the rushing water.

The main challenge at the moment is to discover how to accurately photograph a sunset with a digital camera.

The other consideration is cost. But recently I copied all my negatives, black and white, colour and colour slides onto compact discs to show them on a TV screen. When I had finished I was surprised that I had copied approximately ten thousand photos—a huge cost; but when you consider that these photos were taken over a span of 65 years, it was very cheap. Only two or three photos per week! The moral of all this – if you have an addiction and it hurts no one, enjoy it!

\*NB Jim takes many photographs for the Parish Voice and we are grateful for his photographic ministry-Sophie

# Hobbies We Love (cont.)

## Carren Loves Music



I have always loved music, and it has surrounded me most of my life, as most of my family members sang or played some type of musical instrument (or could at least play the radio). When I was in kindy although I couldn't technically play a note, I would sit at the piano and make up my own songs. My kindy teacher noticed my love of music and sold us her old piano so that I could begin lessons. And so at the age of 5 I began life as a musician...and never stopped. They say you find time to do the things you love and that is certainly true for me and music. I have completed 2 music diplomas in piano performance, been a music teacher and examiner, sung in and conducted choirs, been a church musician, an accompanist, and have even played at the Festival Centre. And being a musician isn't even my day job!

Someone who watched me play at a church service once told me that they could see that I played with my heart and not my head – perceptive person. When I play, the music comes from that deep place within that holds all my thoughts, hopes, fears and dreams. My music is an expression of my love of life and my love for God. The best thing about being a musician is being able to share music with others, whether it makes someone dance, sing, smile or shed a tear.

**By Carren Walker**

## Joan Harris LOVES knitting

Joan Harris loves knitting jumpers, beanies, booties, teddies and toys for Anglicare.



## Morris and Clifton LOVE entertaining their friends

On Mothering Sunday Morris and Clifton entertained their friends at St. Clement's in the hall, following the church service. They began with an appropriate song for the day ("My Mother's Hands"). They followed this with a variety of medleys. The parishioners joined in singing the songs they knew and some parishioners LOVED it so much that they were even caught dancing! Morris and Clifton intend to do an encore in a few weeks' time when they can squeeze in some practice.



# Save the Date Events



## **Sunday Fundays: First Sunday of the month\***

Bible story and craft for children in the St Philip's hall during the service.

*(\*September Funday will be held on the second Sunday - 11<sup>th</sup> September)*

## **Sophie's Last Service and Farewell lunch - Sunday 31st July**

Combined Service - lunch at 11.30am -1.30pm (St Philip's Hall)

## **Archbishop's final service and laying up of the Pastoral Staff - Friday 19th August**

St Peter's Cathedral at 7pm. The congregation is requested to be seated by 6.45pm.

## **Book and Toy Sale – Saturday 27th August**

Held in conjunction with St Philip's Kindy (St Philip's Hall).

## **Curry and Casserole Lunch – Sunday 24th September**

Feasting, fellowship and fun (St Philip's Hall).

## **Spring Art Show – Saturday 8th October and Sunday 9th October**

Artists on display with works for sale (St Philip's Hall).

## **Craft Fair – Saturday 29th October**

Browse the wares, grab an early Christmas present (St Philip's Hall)

## **Combined Community Carols – Sunday 4th December**

Ecumenical carols, sausage sizzle and kids activities. Parish joining with local churches, to be held in Broadview Uniting Church. Galway Avenue.

## **Joan Harris's Vegetable Soup**

### **Ingredients:**

- 60g. butter
- 800g. of finely chopped vegetables (carrots, broccoli, zucchini, pumpkin, onion, 1/2 turnip, 1/2 swede, parsnip and 1 potato).
- 5-6 cups chicken stock (made with 5 or 6 cubes).
- 2 tbspsns chopped parsley and 1/2 cup milk (optional).
- 2 or 3 extra potatoes (optional).

### **Method:**

Melt butter in a large saucepan. Add the vegetables and cook for 10mins. over medium heat. Add stock and pepper to taste. Simmer over low heat until vegetables are tender. (20-30 mins.) Allow to cool and then puree until smooth. Serve while hot with garlic or spiced bread (If re-heating, do not boil).



Joan (pictured with Raylee) **LOVES** this vegetable soup. It's warming on a cold winter's day.

## **Parish Details**

**St Philip's**  
84 Galway Avenue  
Broadview, SA, 5083

**St Clement's**  
354 Main North Rd  
Blair Athol, SA, 5084

### **Parish Office**

Phone: 8344 5456  
Email: [broen@bigpond.com](mailto:broen@bigpond.com)  
Office Hours: 9 am to 1 pm Thursdays  
Postal Address: 84 Galway Ave  
Broadview, SA 5083