

Parish Voice

The Anglican Parish of Broadview and Enfield, Adelaide SA

Awakening

Issue 20,

October 2021



From the Parish Priest

This issue of the Parish Voice reaches you when our nature is awakening to the season of Spring. Less active in winter, Nature is waking up when the sky starts becoming bluer, weather warmer, and sunlight brighter. Thus, this awakening is a response to the call of the universe to upkeep its life in fullness and harmony.

We see this awakening in nature as a call for us to awaken in our lives in at least two levels: in relation to our response as human species to the rest of God's creation – and our response as followers of Christ Jesus in our hope of God's realm on earth (the Kingdom of God).

As human beings we have to realise that our existence is not only defined by ourselves. We are part of this world – and we are beneficiaries of a system that is built around us by the rest of God's creation. We need to wake up from our life that runs on autopilot – and notice all creatures we share this planet with – and the connection between us and everything else in the world. When we become aware of the universe and its direct connection to our own being – alongside it would open our eyes to the planet that is groaning - which demands a response from us. That would awaken us to move from mere beneficiaries of the system – to integrate into God's own world: by sustaining, conserving, and renewing the flora and fauna. That would enrich not only our lives, but the generations to come.

The second call comes from a groaning world divided by religions and ideologies – where we hope God's Kingdom will be established. The situation calls us for a renewed understanding of our role as followers of Jesus. We need to realise that the Church is not the centre or goal of God's mission. The centre of mission is the world and the goal is the consummation of the realm of God. In other words, the goal of the Church is not the Kingdom of Church/es - but the Kingdom of God. Salvation belongs to God, the God of all people – and we have no monopoly over God's saving action. Grace is offered to all human beings by ways that are known only to God. We need to also realise that the Church is not the only agent of God in this world. As followers of Christ we are called to participate in God's mission in Christ's way. In this process it is our responsibility to see where God is at work in this world – and join God there. Only with that awakening, will we become rightful participants in God's mission that aims for the completion of God's realm on earth.

Our Parish had a very fruitful time during this period. We had times of Baptism, Confirmation, worship together and separately, fellowship meals, social events such as the Quiz Night, Winter Fair, and Harvest Festival. Our ministry among the elderly in nursing homes has resumed, and the ministry among Children and the Young is getting strengthened. The pages of this magazine bring all details brilliantly with plenty of photos. As I write this I am also saddened that some of our very active parishioners are passing through difficult times in their life. We bring them before the throne of grace.

I also join Abraham Price John in thanking God for his father M J Abraham's fulfilling life – and pray for God's peace in that bereaved family. As we enter into a busy season of special days and events in the coming months, let us uphold each other in prayer and service.

Parish Programs

Sundays: Sung Eucharist 9.00am St Clement's, 10.30am St Philip's, 4.00pm CSI Malayalam, St Philip's

Tuesdays: Cantering Prayer Group 10.00am St Philip's Church

Third Tuesdays: Parish Council 7.30pm St Philip's Church

Wednesdays: Knit 'n Natter Group 2.00pm fortnightly at St Philip's Church on:

Sept. 30, October 14 and 28, November 11, 25 and the final for 2021 on December 9

Fridays: Badminton 6.00pm St Philip's Church Hall

Hospital visits, home communion, baptisms, confirmations, weddings and funerals

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From the Editor

When the winter chill is replaced by the warmth of the sun streaming through the window and the soundscape is filled with the call of birds bringing new beauty into the world, it is easy to simply register that the season has changed. Our Earth is awakening to Spring.

Perhaps this time of year could also be seen as a challenge for us to broaden our perspectives. Spring could be seen as a much deeper wake-up call as there are many times in our lives when we can experience an awakening beyond that of the nature. For example, we may awaken to a new understanding of an old situation, we may gain a fresh perspective on life. Someone or something new may come into our lives and shower us with new possibilities.

The important thing to remember as the Earth takes a fresh breath and opens its arms to Spring, is that we too should be willing to open our eyes, our hearts and our minds to new things be they ideas, experiences or attitudes, and not just in this season but throughout all the 'seasons' of our lives.



Community Support

With the generous support of the CSI Malayalam Congregation, St Clement's Church congregation and the UniSA International Office, we have again collected a large number of donations for Anglicare (The Magdalene Centre), Foodbank and the Michael Rice Units (Childhood Cancer Association).

The donations were delivered at Anglicare and Foodbank in June 2021 and to the Childhood Cancer Association offices (for the Michael Rice Units) in July 2021.

All charities were very appreciative of our contributions.

I would like to take this opportunity to thank everyone who donated and assisted with the delivery of the donations.



Maria Abraham



*Donations delivered at the
Childhood Cancer Association for the
Michael Rice Units*



Community Support: COVID Relief 2021

It has been the practice of the Parish over the last few years to deliver donated funds directly to the needy.

The Parish has recently supported an overseas community in need through a \$500 contribution to a small, private not-for-profit school and church known as 'House of Mercy' which is run in slums of Rawalpindi, Pakistan by Padre Riaz. To this amount, Dr. Ali Ahsan, a friend of the Parish added a gift of \$200 so the community received a total of Rs. 85,827.00.



In response to the grave situation created by the COVID-19, the Parish also helped two families in India. These families were identified from several requests that were received. The Archbishop also contributed \$1000 from the Diocesan funds in support of this initiative.



The first family is the one left in need after Binokumar, the evangelist husband and father of the family, died during COVID. His wife Sopha is well qualified but unable to secure work in the context of India's high unemployment rate. She has two daughters Aksa and Ansa.

Since they do not have a place of their own to stay, this family is presently staying with her brother's family. Sopha's brother is a daily labourer with very low income. The Parish was able to pass on to them a total of \$2100 (₹115,707 Indian Rupees) which includes

donations from two friends of our Parish; a heartfelt donation from Andrew Paul and a generous donation of \$515 from Leslie Milner.

They are now in need of resources to build a small house of their own.



The second family is now staying in a well-wisher's house since their house (in the picture) was damaged and is unliveable. The father in the family, Rajan, has been sick for several years and thus not working and the mother, Maria, lost her cooking job in a home due to COVID.



In India the schools have only been functioning online since the beginning of COVID.

The three daughters Hepzibah, Achsah, and Abina are studying in Grades 12, 9 and 3 respectively.

These three girls had only one phone with 16GB memory to store all their notes and to attend all online classes and so they were deleting their notes at the end of each unit of learning to make room for the next set of notes. Thus the girls were not able to 'attend' all of their classes.

There was no proper food available to them either as their mother's income had ceased when she became unemployed

because of the effects of COVID on the community and the economy.

The Parish gifted to the family, one laptop and two mobile phones donated by our parishioners in support of the education of these girls. A total of \$2815 (₹ 152,021) towards the initial costs for rebuilding their house and in support of the girls' education was also donated to the family.

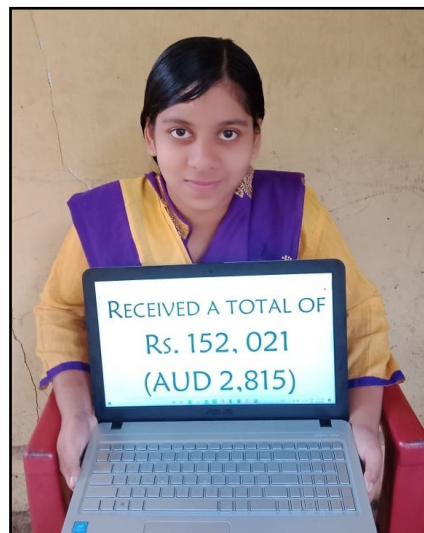
Now the eldest daughter has completed 12th Grade with distinction (A+ grades in all subjects) and is looking for opportunities to further her studies.

We have also supplied this family with a goat and a few chicks from a well-wisher who wanted to support the family upon hearing that their goat had last year been sold during the COVID outbreak to pay the tuition fees of the second child.

In this region of India, many keep their family cow or goat for their daily milk needs, and hens for eggs.

Maria receiving the goat and hens from the donor related to our Parish

Thus the funds we raised reached these families through committed friends there and were quickly put to good use.



Obituary — Mathile John Abraham



I take this opportunity to share few memories about my father M. J. Abraham.

Born on September 7th, 1934 in a small town called Munnar, perched 1600 metres above the sea level on the Western Ghats Mountain ranges of the south-western Indian state of Kerala, he was the eldest of his six siblings.

He successfully gained his Bachelor of Science degree followed by MA in English Literature. He was a charismatic and intellectual person with strong views on many subjects. He was employed in government service – Public Health Department – and retired as Class-1 Officer in 1992.

My father was a thorough professional, highly disciplined with an unblemished record throughout his service. Known for his 'no-nonsense' attitude, he was loved and respected by all his staff throughout his career.

A loving father and a devoted husband, he did everything in his capacity to make our life better. Without his guidance and support we would not be where we are now.

He has left behind a tonne of evergreen memories that we will cherish for a very long time to come.

He loved his car and enjoyed long drives on the winding roads of Western Ghats. He also played mouth-organ vividly. He had a very independent and strong persona and never wanted to rely on others. This character was demonstrated till the last, by him going to the hospital and getting admitted without any assistance. Even in hospital he was more concerned for his wife's wellbeing and wanted to see her till the last.



He passed away gracefully on September 11th, 2021, three days after celebrating his 87th birthday in the comfort of my sister, his brothers and other family members after being admitted for a day.

He leaves behind his wife and my mother Annie, a daughter Honey, and one son, myself.

*in loving
memory*

Abraham Prince John

An Awareness of the Lonely and Filling a Gap

Our old Op Shop at St. Clement's was open every Tuesday and I was a regular helper on the roster. If my husband, Ray was feeling okay, he would come too. We had been using polystyrene boxes for storage in the Op Shop for some time and they were old and beginning to break so it was time for an upgrade. While I was assisting customers or sorting items, Ray was using strong cardboard to make new replacement boxes of various sizes. He covered them with patterned wallpaper for added strength and a touch of colour. While I was unpacking and sorting items, Ray was also building shelving and classifying books into categories.



Ray at the St Clement's Church Op Shop

When I first started volunteering in the Op Shop, I didn't really notice it but after I had been working there a while, I became aware that some customers weren't really intending to buy anything. They just wanted to talk to someone. Loneliness is everywhere and it doesn't just affect the elderly.

So, if it was morning tea time, we would offer those 'customers' a chair and a cuppa. Once, a man who came in for a chat offered to help Ray cover the boxes or build the shelves as he had nothing else to do. We soon gained an awareness of a lot of loneliness around.

It was also an awakening to me when I delivered 'Meals on Wheels' years ago. I saw loneliness many times when entering the customers' big old homes. They were just sitting waiting for their meals to be delivered. In many cases the 'Meals on Wheels' volunteers were the only contact that those people had with others all day so it was more than food which we brought into those homes.



St Clement's Church Op Shop hours

Joan Harris

Women's Fellowship



*Women's Sunday service,
September 12, 2021.*

*(Left) Seena Ajith giving the message
(Below) Women's Fellowship presenting the
special song oru mazhayum thiiraathirunnittilla
accompanied by Bensilal on keyboard (not
pictured)*



*Maria Abraham giving a cooking lesson for the members
of Women's Fellowship.*

*This event was organised by Seena Ajith, the Coordinator
of Women's Fellowship Internal Activities*

Quiz Night: June 19, 2021

On a cold evening in June, around 60 people flowed into our beautifully-heated hall at St Philip's Church loaded with enough food and beverage supplies to feed 5,000 people. But why? Maybe it was for a mid-winter dinner, maybe a movie night, maybe for an Extra Ordinary Vestry meeting, or maybe a special feast. Whatever the reason, everyone was there for a common purpose – to have a fun night out with friends as we were lucky enough not to be mid-lockdown. It had been a few years since the last one, but we were all there for our Quiz Night!

It was a fun evening of trivia questions and puzzles which made our brains work a little harder than usual, and tested our patience; there were 'heads & tails' and 'toss a coin' games, and even freshly-cooked butter chicken to eat on the spot or take home for later. There were great prizes, songs to sing along to, and a few hecklers in the audience to challenge the quiz mistress!

The event raised \$1114 which was a wonderful result, and went towards our fundraising totals.

If everyone is up for the challenge, we can have another Quiz Night next year!



*Penny Bissell, the quiz mistress
with Carren Walker*



Penny with the prizes

Penny Bissell



*Reception Counter
on Quiz Night*



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Food counter operated by the Woman's Fellowship internal activities under the leadership of Seena

Winter Fair: July 10, 2021

The Parish Winter Fair was once again a big success this year. It was an opportunity for everyone to enjoy a social time out with both members of the Parish and the wider community, while making the most of browsing the bargains on offer and eating some mouth-watering food.

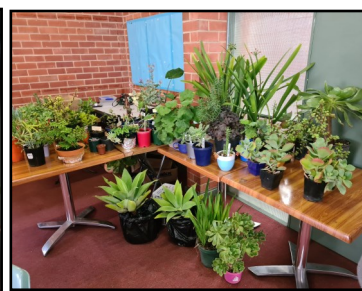
The Fair raised a total of \$2108 which will support the ongoing activities of the Parish.

A big thank you to everyone who contributed to the success of the day.





Winter Fair at St Philip's Anglican Church this Saturday 10 July, 9am to 1pm at 84 Galway Ave Broadview. Home made goodies, white elephant stall, books, plants, fresh produce, Devonshire tea and Indian food and more!!



Aged Care Church Services



When COVID changed our lives last year, it also meant the suspension of regular church services at Bupa Aged Care Enfield and Oakwood Aged Care.

The good news is that, finally, those services have resumed and were well attended by the residents of each facility who were keen to resume their worship, and grateful that Santhosh was able to provide these important services for them.

Awakenings in Volunteering



Here in Adelaide, one of Anglicare SA's community support programs is called 'Thread Together' (launched in 2018 - the first in Australia), where brand new clothing and accessories from more than 500 partnering Australian fashion houses are made available for people in need including people experiencing homelessness, Aboriginal communities, refugees, survivors of domestic violence and those long-term unemployed.

The program operates from the Thread Together Clothing Hub (next to St Peter's Cathedral) in North Adelaide, where clothes are unpacked, sorted and displayed; there are two wardrobe vans which can be driven to where the clothes are needed. All these clothes would normally go to landfill.

I recently re-joined this program as a volunteer, having very briefly commenced there in 2019. It is a real 'awakening' to see how much superfluous clothing there is from department stores, partly due, I believe, to the constant changes in fashion from year to year and the pressure on people from peers and various media to keep up with the latest fashions. Added to this is the fact that many are so cheap because wholesale prices have been set low due to cheap labour costs in third world countries and therefore the products have been over-purchased.

Another 'awakening' is to see is how much plastic and paper is used to pack each garment. Some high-end-market garments have plastic around collars, small plastic holding pieces, paper and cardboard between layers etc, along with each garment being packed in a separate plastic bag even though they are packed in same sizes per box. Volunteers collect all the plastic, paper and cardboard for recycling – this excess packaging means higher mark-up prices that people have to pay in-store.

The volunteering work is very rewarding when providing a service to assist people to get back on their feet (and at the same time reducing landfill). For example, I recently assisted a client who had just been released from gaol and needed clothes to 'start again'. The person was so relieved and happy to be able to obtain brand-new clothes to wear when seeking employment so they could begin a self-supporting new life.

Support for this program can be by donating funds to Anglicare SA or by volunteering time to assist in the Clothing Hub or the wardrobe vans. Here is where you can learn more about the program and how to assist, or direct someone in need:

<https://anglicaresa.com.au/support/thread-together-mobile-wardrobes/>.

We can also all do our part to reduce production demand by buying only what we need and/or by buying pre-loved gear.



Anne Bastian



My Awakening

My Awakening

Like so many people before me, I had an awakening when my husband passed away 14 years ago. I was suddenly on my own. Everything had to be done by me. I've mowed my lawns for 14 years but I now have a man to do them as I can't get the lawnmower started. I have climbed the ladder to paint three rooms and changed batteries in my three smoke alarms. I have tried to be a 'handy man' here and there. I have even laid some pavers that we had lying around and I do all my own gardening with the help of my dog, who is always with me every step of the way.

This was all a BIG awakening for me!

Kathleen Lampre

Spring Awakens

I love it when Spring arrives!

First, the trees start to blossom and we see them all dressed in their pink and white flowers. My garden is starting a bit early with violets and jasmine and they smell beautiful. The freesias will soon be flowering, along with the roses and all the other flowers.



Spring is when we also have the birds building their nests, ready to lay their eggs. When we drive into the country, we will see all the baby lambs beside their mothers or leaping about with friends. The calves are also with their mums and the foals are frolicking around too.

The weather is warming up and people are starting to awaken from the cold, wet winter.



The countryside is very green and looking fresh. Towards the end of Spring, our beautiful jacarandas awaken and show us their stunning flowers. Many streets are lined with jacarandas and they look like pictures when the trees are in full blossom.



We are awakened when Mother Nature puts on her wonderful display for all to enjoy.

Lorraine Fransson

Things I Enjoy Creating

About 40 years ago, I decided I would like to do cake decorating as I had often admired the cakes that the CWA made. The CWA didn't offer classes in the Enfield area. However, I was able to go to Thursday craft groups at the Enfield Uniting Church and they had cake decorating classes there. As a result, I made my youngest daughter's wedding cake and wedding anniversary cakes for my parents.

There was a wide range of crafts and skills offered and I also enjoyed learning how to make teddy bears. We made them out of fur fabric and I bought the clothes to fit them. I made a teddy bear for all of my grandchildren. I also made a little English teddy but I no longer have it. I also learnt how to do macramé, tapestry and tatting.



I enjoyed making a bag out of patterned cardboard, which you could buy from the local Johnson's fabric shop. After cutting the pieces to form the shape of the bag, you needed to punch holes evenly around each shape and then crochet the pieces together. I use mine as a knitting bag and I made bags for my mother and my girlfriend in Queensland.

Of course, I learnt how to do beading as well and I made beaded dolls' clothes and necklaces. I made quite an ornate pink necklace with loops for my daughter. I gave

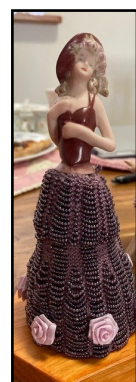


away most of the things that I made and it gave me great pleasure to learn a new skill in the craft group and then make more to give to family and friends.

The craft classes were very popular back in the day and about 100 people attended when they first started. However, the numbers decreased as time passed as the original participants became older and the younger people in the area went to work.

Joining the craft group was a wonderful experience. It gave me the opportunity to meet new people and learn new skills that I would not have otherwise learnt. By

learning new things I developed a greater awareness and appreciation of what is involved when making particular crafts.



I was awakened and inspired by things I enjoyed doing.



Margaret Smith

Parish Poetry

Climate Change

Climate Change affects the world greatly.
Icebergs are melting, polar bears perishing.
The state of the world is worsening at an
exponential rate.
Leaders and politicians are trying to make a change,
but together we can make the world a safer place.



By the year of 2050,
It is expected that hundreds of animals will
become extinct,
But if we become aware of the pollution in
the Pacific,
and abolish the damage of Earth,
It will prevent extinction and more animals
will give birth.
The climate is changing at a rapid pace,
So please help to make the world a safer place.

Nomiki Thomas

Opposing Realisations

A child no longer,
More of life gone than to come,
My imprint, fleeting.



Grown, independent,
The lives of so many changed,
My imprint, lasting.

KB

Parish Poetry

Awakening to the New World Order

I used to see a rabbit on the moonscape
Then Armstrong said that there is nothing
there but dust.
I once believed Good Order came from Chaos,
then Hawking wrote that there was merely
"Thrust".
I used to think the law was almost holy,
then found our courts a maze of Compromise.
Bank robbers, I supposed, were Desperados,
not staffers, Managerial, in disguise.
I am, this day, so well re-educated
and find the Golden Rule, is all a dud...
Mind you,
I believe, still,
That the rain is Angels' Tears,
Whose grieving turns my garden plot to mud.

Margaret Nelson
© August 2021



The Awakening

From the cold frosty winter,
A ray of hope fills the air,
As flowers bloom abundantly,
Making the snowy land
transform into lush grass.

Mother nature beams in satisfaction,
While bears come out of hibernation,
Bees buzz, whilst collecting pollen
from vibrant flowers,
Excitement pulses the air as gloominess gives way.

The awakening of this moment turns frowns into
smiles,
For the radiant sun smiles with glee,
Beaches get crowded,
While happiness invades the atmosphere,
As this is the time life abounds.

Anto

Awakening

Throughout my life, I have experienced many awakenings,
Most of them leaving beautiful memories.
However, one flooded my body
with emotional pain,
Inconsolable,
Lost,
Grief stricken,
A most distressing awakening.

Everything that happens in this world,
happens at the time God chooses (Ecclesiastes),

Awakening can happen in many ways:

A wedding,
The birth of a baby,
A new home,
All bringing new awakenings into our lives.

My favourite awakening happens every year,
with the arrival of Spring.
A season full of happiness and change,
Nature comes alive after the long, cold Winter.



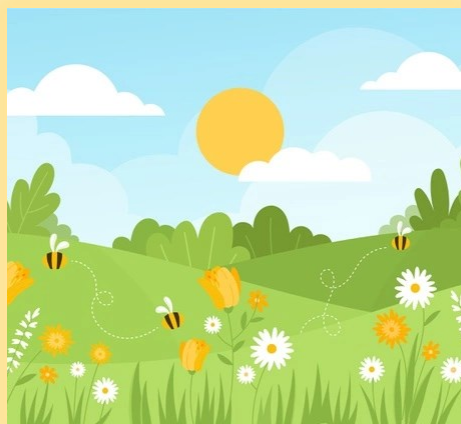
How I love Spring!
It refreshes our minds,
It rewards the countryside,
And brightens the surroundings
with a variety of colours - daisies, daffodils.
Trees awaken from their slumber
producing lush green leaves,
Providing shade during the hot, blazing Summer sun.

The four seasons are all charming,
Awaking in us in different ways.
The beauty of Summer,
The colours of Autumn,
The cosiness of Winter,
The awakening of Spring.

May we all be awakened to
the many, simple pleasures of life,
To the love and support of family,
To welcoming friends,
And to being thankful to God
for all the good things we have in life.

All perfect pleasures.
God bless.

Mary Craggs



Floral
vector created by freepik - www.freepik.com

Around the Parish



Baptism of Aria Anne Wybrow on August 15, 2021, at St Clement's Church



Aria with her parents Leannnda Sheryle Wye and Aiden Keri Wybrow and godparents Rachael Heidi Wagner-Rohde, Shauna Emily Ellison and Joshua David Ellison

Baptism



House Blessing

"Thus far the Lord has brought us" 1 Samuel 7:12



*Blessing of the house of Mathew and Sneha on May 22, 2021.
Friends gathering at the front door for prayer*



At the time of entering the house, Mathew lights the candle held by Sneha



Shaun, Mathew, Leon, and Sneha with our Parish priest Santhosh



From inside the house, the final prayer with friends

A New Perspective

COVID-19. Eighteen months in and it's fair to say it has been a drag. Sudden or extended lockdowns have become part of normality. We don't know when they will happen and how long they will last. They linger on the horizon of daily life. Anything unpredictable and uncontrollable causes stress. It is pretty much the formula for creating stress. But lockdowns are more than that; they also deprive us of our wider support networks and loved ones.

A national survey that we did at CSIRO in lockdown May 2020 showed people felt that their wellbeing had significantly decreased since pre-COVID times. The interesting thing about this survey was that it also suggested that some people did better than others in lockdown. Those who are naturally more creative and who used their time in lockdown to do purposeful and creative activities, were somewhat protected against this loss of emotional wellbeing.



We all know some people who thrived with more time to themselves, exploring new hobbies, watching their favourite television series, baking sourdough and brownies. But then, there are those who enjoy being out-and-about, who suffered more than others at the deprivation of their social activities. There are also those people with young families. Anyone experienced with raising children will understand that being locked inside with little people doesn't provide many opportunities to develop oneself or pursue a new hobby. I belong in both categories – extraverted with a young family.

July 2021 – another snap lockdown. This time, no chance for grandparents to look after the kids, no childcare, and positioned in the epicentre of the outbreak. The usual stress and uncertainty unfolded. What did these rules mean for us? Were we at any of the ever-growing exposure sites that surrounded us? How could we work from home? Would we need to wait six hours in the car with a two and four year old for a test?

After this initial stress, I felt like it was a good chance to put my knowledge to practice. How could we turn around the feeling that something (our freedom) had been taken away and feel like we were given an opportunity?



Our son loves all things monster trucks. He loves watching videos of other children playing with monster trucks. In one of these, the father and son build a kit gingerbread house and drive trucks through it. I have always wanted to build a gingerbread house from scratch, but it takes such a ridiculous amount of time. Well, time was on our side. The process of creating it took at least tenfold the amount of time it took to destroy it. Everyone enjoyed having a purpose – especially one that ended with destruction and eating sweets.



Once the seed of creativity had been planted, it did not take long for it blossom and remind us about what brings us joy. As clichéd as it sounds, it is the simple things that we love. We had a fire in a pit in the backyard and cooked all our dinner on the open flame; damper twisted on a stick, sausages partially covered in ash and of course, marshmallows. I also helped the kids write their own books. They love books. We found images, stapled pages into a book and they told me their stories. It may be one of the most rewarding activities I have ever done with the kids. My two-year-old blew me away with her melodrama starring Coco the horse, who wanted to be a unicorn.

I still dread the next snap lockdown and the daily hassles that ensue. But after this inevitable initial wave of stress, I am going to remind myself that underneath all of this is a precious gift and one that a working mum with a young family rarely gets – time.

Emily Brindal

Combined Worship and Onam Lunch: August 22





Rachael, Bensilal's and Hepzi's child, a new member to the CSI Malayalam Congregation, in the company of Anna, Serah, and Hanna



Harvest Festival: September 25, 2021



The Night Before: Preparations



The Festival Day



Worship Service

The Festival Day started with the Thanksgiving Service, 9.30 am at St Philip's Church. The Parish welcomed Fr Thomas Karamakuzhiyil, the Parish Priest of Mount Barker and Strathalbyn, who



Welcoming the chief guest

was the Chief Guest and the Celebrant of this occasion. Following tradition, a vegetable basket and fruit basket were brought forward by two families who represented the whole congregation. The baskets were offered in thanksgiving and blessed in the service.



Procession with the baskets



Auction: Sudheesh Sadanandan in action



*Joan and Joshitha:
Treasurers for
the day.*



(Right) Joshna and Sneha at the snacks counter
(Left) Coupon counter: Anu, Maria, Maria (Jr), Nomiki, and Aleena



Sobhitharaj and Karthik at the Paratha, fried rice, and Biryani counter





Seena at the counter selling Falooda and Mango lassi



Sinju and Sophia at the counter with Kappa & Fish curry, Beef and Chicken curry



Sandeep on the Plant Stall



(Right) Jacob making Dosa. Mathew and Sheeba serving dosas and making Appams



Bearnly in action making Malabari Paratha, one of the much-loved south Indian bread combination with Beef or Chicken



Leslie Milner and Everard Walker enjoying a conversation



Carren and Les in conversation. Pictured with Caryl Walker and Andrew Paul



St Clement's and St Philip's in fellowship: Erik Sherwin, Anne Bastian, Pat Luke, and Morris Bastian



Dance by children of Malayalam Congregation
(Below) Sam and Nevin singing



Above; Raffle draw: children picking the winning numbers



Harvest Festival



(Left) A big thank you to two great friends of the Parish: Jacob Anto Vincent and Bearnny Koshy. (We missed Biju Kuriakose who could not attend)



(Above) Ajith Simpson, the coordinator, thanking everybody. Seen here with his wife Seena Ajith, a Counsellor of the CSI Malayalam Congregation (at his right) and the Wardens, Nevin Abraham and Mathew Varghese. We missed the presence of Abraham Prince John, another Counsellor who is in lockdown in Melbourne. 2021 Harvest broke all previous records bringing a thanksgiving return of \$11,375.45.

For the Young and the Young at Heart

Awakening

X	A	P	H	V	U	H	I	W	K	I	D	G	D	I	C	A	F
D	A	O	I	N	N	B	A	N	A	I	P	T	Q	O	H	W	V
O	W	L	B	J	E	P	R	T	D	R	U	D	N	M	A	A	O
N	A	L	E	Z	M	L	C	E	M	E	M	S	L	W	L	R	L
A	K	U	R	S	P	E	P	Y	S	O	P	I	I	W	L	E	U
T	E	T	N	U	L	A	P	D	F	O	S	E	N	H	E	N	N
I	N	I	A	P	O	S	M	A	Z	E	U	P	N	G	N	E	T
O	I	O	T	P	Y	U	L	F	W	J	W	R	H	D	G	S	E
N	N	N	I	O	M	R	A	M	O	N	H	D	C	E	E	S	E
S	G	G	O	R	E	E	B	L	O	S	S	O	M	E	R	N	R
H	J	J	N	T	N	E	S	L	U	M	B	E	R	A	S	E	T
A	P	P	R	G	T	G	D	B	L	E	S	S	I	N	G	T	L

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

ATMOSPHERE
AWAKENING
AWARENESS
BLESSING
BLOSSOM
CHALLENGE
DONATIONS

HIBERNATION
INDEPENDENT
MAZE
PLEASURE
POLLUTION
RESOURCES
SLUMBER

SUPPORT
UNEMPLOYMENT
VOLUNTEER
WARMING

Solution Page 32

For the Young and the Young at Heart

Brain Teasers

The 'brain teasers' for this edition of the Parish Voice come courtesy of Penny Bissel who generously provided two rounds of questions from the Parish Quiz Night.

(Please note there are only nine questions in each round as the 'listening to music' question has been omitted.)

Round 1

1. Ceylon is the former name of which country?
2. How many days are there in 11 leap years?
3. 'First Impressions' was the working title of which Jane Austen novel?
4. How many Australian cricketers have been knighted?
5. What kind of reptile is a matamata?
6. Who was the first apostle to deny Jesus?
7. 'W' is the symbol for which chemical element?
8. Born in 1977, who is the eldest grandchild of Queen Elizabeth II?



9. Where in Adelaide would you see this sculpture ?

Round 2

1. Who was the first woman to win a Nobel Prize (in 1903)?
2. Name the mountain that overlooks the South African city of Cape Town.
3. Who is the patron saint of music?
4. Which team did the Crows defeat in their first official trial game at Football Park on February 1, 1991?
5. What does an arctophile collect?
6. How did David defeat Goliath?
7. Belted Galloway and Belgian Blue are breeds of which animal?
8. Name the two founders of Google.
9. Who is the person pictured, and when was she appointed Governor of South Australia?



Answers are provided on Page 34

For the Young and the Young at Heart

Jokes

Q: Why couldn't the pony sing a lullaby?

A: She was a little horse.

Q: What time is it when a clock strikes 13?

A: Time to get a new clock.

Q: Why did the girl bring a ladder to school?

A: Because she wanted to go to high school.

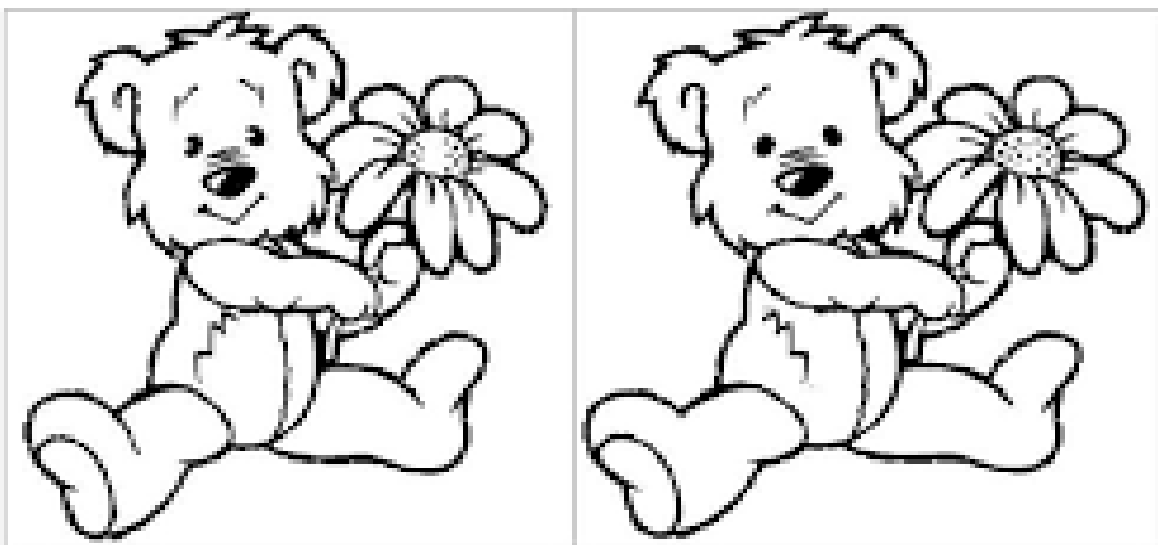
Q: How do you get a squirrel to like you?

A: Act like a nut



Spot the difference

spot 5 differences



Awakened by Prayer

One of my favourite plants is the Ctenanthe Burle-Marxii. This plant is native to the tropical, humid jungles of Brazil and is named after a Brazilian artist and landscape designer, Roberto Burle-Marx. It has bright green leaves with a unique leaf pattern of dark green strokes, resembling the skeletal pattern of a fish. When I purchased the plant a few years ago, I was not aware of its nyctinastic behavioural characteristics that explained its common name, “Fishbone Prayer Plant”. This plant moves its leaves in response to light. During the day, the plant displays its ornate downturned leaves but as the light diminishes at night, the plant folds its leaves upwards displaying its deep burgundy underside, as if in prayer. There are a number of theories explaining the reason for the plant raising its leaves in



prayer. For example, one explanation is that in its natural environment, the prayer plant would lower and spread its leaves to absorb moisture or catch rain. At night, the plant would fold its leaves upwards to enable any water droplets to be stored as they trickle down to the base of the plant instead of evaporating. Another theory is that the plant lowers its leaves in the daytime simply to maximize light absorption and raises them again at night to protect itself from rain and fungal growth. Whatever the reason, this is a fascinating plant, a unique creation of nature.



Raelee Gurney

Children's Ministry



*Sneha Mathew (Sunday School coordinator)
with the children*



*Father's Day activities and commemoration
on September 5, 2021. Arranged
by Sneha Mathew, the coordinator for Children's Ministry*

90th Birthday Celebrations



Coral Lesty cutting her 90th birthday cake



*Friends together:
Hazel Price, Mary Craggs and Coral Lesty*

Coral and Revd. Lyn McRostie



*CSI Malayalam Congregation honoured Coral
with a shawl thanking her for the
commendable service in keeping the church
premises beautiful.*



Lynn McInerney celebrated her 90th birthday on August 25, 2021.

On Sunday, September 5 2021, the St Philip's Church family wished her well and thanked her for her active participation in the community.



Santhosh, the Parish Priest welcomes Lynn

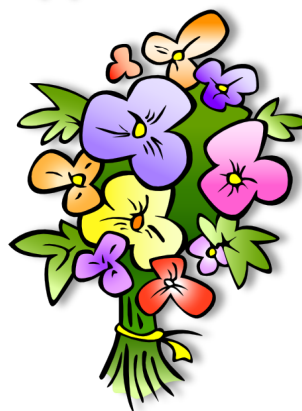


*Pat Luke presents the birthday card to Lynn
McInerney*



Pat Luke honours Lynn McInerney with a bouquet

Happy Birthday



Spring is Here



Birthdays



*St Clement's Parishioners greeting
Revd. Santhosh S Kumar on his 60th birthday*



*Aaron shared his birthday cake with
his father Sobhithara and mother
Sophia on Sunday,
September 19, 2021.*



*Joshna Rose, Santhosh S Kumar,
and David Bensilal cutting birthday
cakes together with the
congregation at St Philip's Church*

*Feasting on the
birthday of
Shaun Mathew
with the
Congregation*



*Maria Abraham cutting her birthday cake at her
residence during pastoral visitation - with
Nomiki, Nevin and her mother Nomiki
Alexandridis*



*(Left)
Serah Bensilal
celebrating
his birthday
with the
congregation
by cutting the
cake*



*Maria and Hanok cutting their birthday cake at
St Philip's.*

Old Friendship Awakened

We really are a close-knit, friendly church family at St. Clement's. Most of us have known each other for years. We very much enjoy worshipping together and after the church service, we meet in the church hall for a friendly cuppa. During this time, we share our joys and our troubles. We have many laughs, share tales of woe and enjoy interesting discussions ranging from world news to personal issues and anywhere in between. Being a strong, small congregation has its advantages at times. We know each other well. We celebrate each other's birthdays etc, and support each other when needed.

During our discussions in the hall after the church service one day, Audrey Adair and Margaret Smith were sharing a story from their past. It truly was a story of coincidences, surprise, disbelief and the awakening and rekindling of an old friendship. The story goes like this:

In their younger days when Audrey lived in Norwood and Margaret lived in St. Peters, they both attended the Norwood Technical School. They knew each other well. However, as often happens, when they left school, they each went their separate ways losing contact with each other.



Margaret's school badge

Life tumbled on.

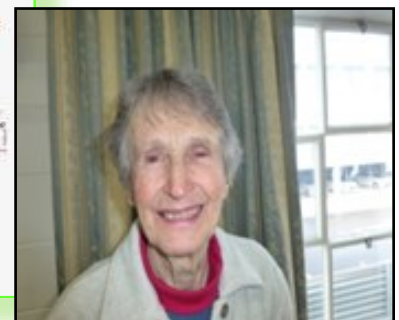
Margaret married and moved to the country, where she settled in and had a family. Audrey met Garry and they also had their children.

It was many years later that their surprise incident occurred. Audrey and Garry were living in Darlington Street, Enfield and attended St. Clement's Church. On one particular Sunday, Audrey went to church alone. (Garry must have been unwell that morning). Audrey saw a new but vaguely familiar face in the congregation. The woman had an uncanny resemblance to the Margaret she knew in her high school years but Audrey wasn't completely sure that she was right so didn't introduce herself. At home, she told Garry, saying that if the lady came to church again, she would speak to her. As Audrey thought about the incident during that week, the more convinced she was that the person she saw was her friend from the past. Audrey hoped they would meet again.

Audrey's hope was realised when the lady returned to church and Audrey had the chance to introduce herself. Her hunch was confirmed. As it happened, Margaret had returned to the city to live in Enfield and had been attending the 8 o'clock service at St. Clement's Church for some time, whereas Audrey had been going to the 11am service. Once they were reunited, a friendly reunion was enjoyed, and the friendship has continued since then.



Audrey Adair, Margaret Smith and Raelee



An Education in Job Expectations

When I started my teaching career I had some pre-conceived ideas about the work load and types of clientele I'd be working with. From the outside looking in, it seemed to be easy - lots of holidays, short working days and reasonable remuneration. It was, therefore, a massive and immediate awakening for me.

The reality of this was contrary to what I believed would be the case. It was also a real awakening for me to see the hardships faced by many families as I was introduced to another world when I was posted to a northern suburbs school. It soon became apparent that teaching had many layers and was not confined to the 'Three Rs'. In some cases, the school was the one constant in the children's lives.



Being a teacher in this environment meant that it was very important to form

positive relationships with students and parents. I soon found out that while it was difficult fulfilling the needs of the varied abilities of the students, the parents were very supportive and took genuine interest in their children's learning. Once trust was earned and they saw what was being done for the children, parents were extremely supportive and by being invited into the classroom to assist in particular programs, parents also experienced an awakening. They could see how difficult it was for a teacher to cater for the diversity within a class group. Even though my time as a teacher there was challenging, it was also rewarding and I still look upon this experience as my most enjoyable teaching period.

After spending a number of years working in the northern suburbs school, I was transferred to another area. Over the years, I have spent time in various school environments and I have found a range of different needs and challenges. While to an outsider, the job may appear easy, it is certainly a demanding and enlightening experience.

Cliff Gurney

Ideas to Make Us Think and Smile

Consider this...

God promises a safe landing, not a calm passage.

The task ahead of us is never as great as the Power behind us.



We don't change the message, the message changes us.

SOLUTION

Awakening

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. . P H . U . I W . . . . . C A .
D A O I . N . A N A . . . . H W V
O W L B . E P R T D R . . . . A A O
N A L E . M L . E M E M . . . . L R L
A K U R S P E . . S O P I . . L E U
T E T N U L A . . . O S E N . E N N
I N I A P O S M A Z E U P N G N E T
O I O T P Y U . . . . . R H D G S E
N N N I O M R . . . . . C E E S E
S G . O R E E B L O S S O M E R N R
. . . N T N . S L U M B E R . S E T
. . . . . T . . B L E S S I N G . .
    
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Word directions and start points are formatted: (Direction, X, Y)

ATMOSPHERE (SE,8,2)
AWAKENING (S,2,2)
AWARENESS (S,17,1)
BLESSING (E,9,12)
BLOSSOM (E,8,10)
CHALLENGE (S,16,1)
DONATIONS (S,1,2)

HIBERNATION (S,4,1)
INDEPENDENT (SE,8,1)
MAZE (E,8,7)
PLEASURE (S,7,3)
POLLUTION (S,3,1)
RESOURCES (SE,8,3)
SLUMBER (E,8,11)

SUPPORT (S,5,5)
UNEMPLOYMENT (S,6,1)
VOLUNTEER (S,18,2)
WARMING (SE,9,1)

Breakfast Time at the 'Zoo'



Early on Thursday mornings my niece, Bek, who lives with me, goes to the gym for an hour. When she returns, she cooks herself eggs and bacon for breakfast. All four dogs in the house, sleeping soundly, are soon awakened by the delicious aroma and, thinking they are humans, they immediately want eggs and bacon for breakfast too. As a result, this has become a Thursday morning ritual. Bek now cooks the dogs' breakfast at the same time as her own. They obediently sit in wait, watching with interest while the food is cooked and cut into small pieces.



While the dogs are enjoying their breakfast, Bek sneaks upstairs to enjoy hers. She is swiftly followed by three dogs - two of hers and one of mine with appealing looks on their faces as if to say, "Can we have more?"



Angie

Around the Parish



Margaret Smith
reading the
Scripture
on the Day of
Pentecost with
John Crowther,
St Clement's
Church organist



The newest
member of St
Philip's Church:
Ruby, grand-
daughter of
Rosemary Penn
and pictured with
Margaret Nelson



(Left) Jim and Joan
Gillham during the
pastoral visit
(Right) Gwyneth
Ottrey and
Santhosh with John
Wurm during
pastoral visit



A Thought of Awakening

Becoming aware is the act of enlightening ourselves. It is the act of knowing the unknown about things, others or us. According to my understanding, the main thing to know about 'us' is who 'we are'. We are so privileged to be called Children of God and that is a great possession to carry. Let's awake from the sleep of unknowing of self, and see the possibilities within and how we can reach out to the community.

We are honoured to be a part of this society and the possibilities that we can give out to the society are remarkable. To do that, empowering ourselves is very important. Let's know the purpose of life in this world and know the purpose of Christian life. Let's display the glory of God and proclaim the works of God. Also grow in the knowledge of God and seek his kingdom, share the love of God and believe in the word of God. Ultimately, let's imitate the Son of God and reflect God's image in our doings and for his glory. Christian life is a process of becoming more and more like Christ during which we exercise our endurance by fixing our eyes upon HIM.

If we look around society, we have numerous opportunities to reach out to the needy, not only in the country that we live in but throughout the world. As the old saying goes, "Where there is a will, there is a way."

Dear brothers and sisters in Christ, let's show this world our light, the light of love, to our neighbours as ourselves, caring for the suffering (Acts 3:7), being affectionate to the needy; to those enduring hunger, poverty, and also reaching out to the fortunate who enjoy wealth and good health. Isaiah 60:1 says,

"Arise, shine, for your light has come, and the glory of the LORD rises upon you."

Let's awake from all laziness, negative thoughts, worries, sorrows, depression, anxieties and arise to the world so that Christ shall shine upon us and be helpful for many (Eph 5:14).



Seena Ajith

Quiz Solutions

Round 1 Answers

1. Sri Lanka
2. 4026
3. Pride and Prejudice
4. One (Sir Donald Bradman)
5. Turtle
6. Peter
7. Tungsten
8. Peter Phillips
9. Hurtle Square

Round 2 Answers

1. Marie Curie
2. Table Mountain
3. St Cecilia
4. Essendon
5. Teddy bears
6. He threw a stone at him from his slingshot
7. Cows
8. Larry Page, Sergey Brin
9. Dame Roma Mitchell

Recipes to Relish

Soutzoukakia (Baked Meatballs in Tomato Sauce)

Ingredients

3 thick slices of bread, soaked in water
500 gr. / 1 lb. finely minced beef
1 egg
6 cloves garlic, peeled and crushed
2 teaspoons cumin
1 teaspoon cinnamon
Salt and pepper
2 small glasses of white wine
30 gr. flour (for frying)
3 tablespoons vegetable oil
2 tablespoons olive oil
2 tablespoons tomato puree or 2 cans tomato roughly chopped to garnish
Chopped parsley (to garnish)



Instructions

Soak the bread in water for 10 minutes and discard the crust. Squeeze the water from the bread and mix with the mince, egg, garlic, cumin, cinnamon, salt, pepper and 1 small glass of the wine. The best results for mixing are always achieved by using your hands.

When properly mixed, make long thin shapes, like fat cigars, about the length of your finger (around 15 of them), roll them in the flour and fry in the vegetable oil on medium heat, making sure that they are crisp all over.

In the meantime, put the olive oil in a saucepan and when it's warm, add the tomatoes and the rest of the wine. Cook slowly for 5 minutes, stirring and ensure it does not stick.

Add the Soutzoukakia as they come out of the frying pan, covering them with tomato sauce. Add a little more water if needed then cover and cook slowly for 10 minutes.

Garnish with chopped parsley. With its rich sauce, it can be served with plain white rice or mashed potatoes as a main dish.

Maria Abraham (Senior)

Wake Me up Smoothie Bowl

Ingredients

1 cup of frozen fruit of choice (berries or mango work well)
A banana (this may also be frozen, but it doesn't have to be)
A small amount of water or dairy-free milk to achieve desired consistency

Method

Blend everything together.

Add liquid slowly to achieve a 'slightly-more-runny-than-ice-cream' consistency.

Note: If you add too much liquid, either top up with some more frozen fruit, or simply drink it as a normal smoothie.

Top with coconut flakes, muesli, chopped fresh fruit, seeds or dry cereal - anything that takes your fancy.

Try experimenting with different fruit combinations, and add flavours like maple syrup and cocoa powder to taste.



Tessa

Parish of Broadview and Enfield

Calendar and contact details

October

- 3 9.00 am St Clement's/10.30am St Philip's:
Feast of St Francis of Assisi and Animal Blessing
4.00 pm Environ. Sunday: CSI Malayalam Cong.
- 17 Feast of St Luke the Evangelist and Martyr:
Healing Sunday: CSI Malayalam Cong.
- 31 CSI Malayalam Sunday School Exam Unit 5

November

- 7 All Saint's Sunday
- 21 10.30 am St Clement's: Patronal Festival BBQ
- 28 First Sunday of Advent: Sunday School Finale:
CSI Malayalam Congregation

December

- 4 Carol Rounds of the Parish
- 5 Second Sunday of Advent
- 11 Carol Nite: CSI Malayalam Congregation
- 12 Third Sunday of Advent
- 13 6.00 pm St Clement's: Fourth Sunday
of Advent: Nine Lessons & Carols
- 24 11.00 pm St Philip's: Christmas Eve Service
- 25 7.00 am Christmas Service: CSI Malayalam
Cong.
9.30 am St Clement's: Christmas Service
- 31 11.00 pm CSI Malayalam Congregation:
New Year Watchnight Service

Parish Webpages and Platforms

can be found using the following titles:

Website:

The Anglican Parish of Broadview and Enfield

Facebook:

St Philip's Church - Anglican Parish of Broadview and Enfield
St. Clement's - Anglican Parish of Broadview & Enfield
Malayalam Congregation, Adelaide, Anglican Parish of
Broadview and Enfield

YouTube Channel:

Anglican Parish of Broadview & Enfield

Parish Contact Details

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