

Parish Voice

The Anglican Parish of Broadview and Enfield, Adelaide SA

Melodies of Life

Issue 22, June 2022



From the Parish Priest

Music is the most popular language of the world. Though music is used in churches, mosques, and temples, there is no Christian music, Hindu music or Muslim music. Music is music. Music is not Christian, Muslim or Hindu. So music is the most beautiful commonality that is shared across religions and cultures – and binds them all.

From the time we are born, music is an important part of us. There is not really much that we do without music. Some of the first communications we receive in life are also through music. My mother told me that she used to sing for me when I was in her womb. I also learned the alphabet through singing. Music provides such an entertaining form of repetition that is so conducive to memory.

Music, memory and emotion are interwoven and therefore the images that music can create in our minds are amazing. It helps us to revisit the lost and forgotten moments in life. It is like a time machine. Whenever we need to be transported to a time, we only need to listen to the music we were listening during that time. We can be transported to our teenage period if we listen to the music we listened to during those days. We would still be able to see the room from where we were listening that music – and even that cassette/CD player.

I can still hear my mother's voice if I remember her singing:

'Be not dismayed whate'er betide, God will take care of you... through every day, o'er all the way, He will take care of you, God will take care of you.' Or...

'No, never alone, No, never alone; He promised never to leave me, Never to leave me alone...' Or...

'Count your blessings; name them one by one. Count your many blessings; see what God hath done.'

As I type these words now, I can hear my mother singing, from the room where she used to sing. I can see the chair where she used to sit and sing – I can see the clothes she used to wear – and it makes me feel she is with me now.

When I was young, I used to enjoy the melody of these songs but now I understand the text. The images these songs created in me have helped me to face the challenges in life. They bring comfort and strength – though with tears in memory of my mother. And the faith she passed on to me through those words lifts my spirit to move on until my time comes to meet her in eternity. I am sure, you have your own stories like this. If this issue of the Parish Voice provides opportunity to revisit those stories and moments - the purpose of the theme is met.

For the Parish this has been the time of transition mainly at the leadership level. Also, the Pandemic has touched the Parish for the first time, reaching its members through the Omicron wave. However, we are back to normalcy without major setbacks.

During this period the Parish bid adieu to the longest serving member of St Philip's, Marilyn Joan McNerney. We also remembered John Crowther in a memorial service. I thank God for their lives.

May this winter bring us peace and serenity! Wishing you a good read as you turn the pages.

Santhosh S Kumar

Parish Programs

Sundays: Sung Eucharist 9.00am St Clement's, 10.30am St Philip's, 4.00pm CSI Malayalam, St Philip's

Tuesdays: Canterbury Prayer Group 10.00am St Philip's Church

Third Tuesdays: Parish Council 7.30pm St Philip's Church

Wednesdays: Knit 'n Natter Group 2.00pm fortnightly at St Philip's Church

Fridays: Badminton 6.00pm St Philip's Church Hall

Hospital visits, home communion, baptisms, confirmations, weddings and funerals

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Calling for Contributions

The theme for the Spring Issue 23 of
The Parish Voice:

Renewal

Please think about what you could
contribute to our next magazine and
speak with your Congregational
Representative.

From the Editor

Our lives are filled with sounds and rhythms; be it the music we love and vibrations of a speaker as it fills our heart with favourite tunes, or perhaps it is the hum of traffic on the road near our home, the sounds of children playing in the yard, the birds chirping in the garden, the laughter of friends at dinner together. All such things constitute the 'melodies' of our lives; the soundtrack of our personal and shared experiences. They transport us to the past, enrich our present and offer promise of things to come. Melodies, literal or figurative, are a gift, one we should recognise, cherish and share.



"...I will sing with my spirit, but I will also sing with my understanding": 1 Corinthians 14:15

Kay Brindal

The Gift of Music

Music has always been part of the human experience. From it we take solace, find joy, express emotion, make connections and inspire others. Over the centuries, many people have conveyed their love of music. Below are some quotes which express the universal belief that music is essential to our lived experience.

Where words fail, music speaks.	Hans Christian Andersen
Music, once admitted to the soul, becomes a sort of spirit, and never dies.	Edward Bulwer Lytton
Music produces a kind of pleasure which human nature cannot do without.	Confucius
Music, when soft voices die, vibrates in the memory.	Percy Bysshe Shelley
Music in the soul can be heard by the universe.	Lao Tzu
Those who wish to sing always find a song.	Unknown
Music is the language of the spirit. It opens the secret of life bringing peace, abolishing strife.	Kahlil Gibran
Music is an agreeable harmony for the honour of God and the permissible delights of the soul.	J S Bach

From the Church Archives

Just prior to the Children's Eucharistic service one Sunday morning at St Clement's in 1918, a young boy was ringing the church bell when all of a sudden, there was a...

CRASH! BANG!

There followed a terrific cloud of dust and straw from the pigeon nests along with more muck which ultimately left a pile of debris approximately 30cms deep...along with the bell which had fallen to the floor of the porch.

Young Syd Robinson, who had just turned 18, raced out of the church calling out, "Where's the kid? Where's the lad?!"

The boy, Dennis Kimble who was ringing the bell when it fell, fortunately wasn't hurt. He was standing shaken and scared out of his wits, at the edge of the footpath of Main North Road.

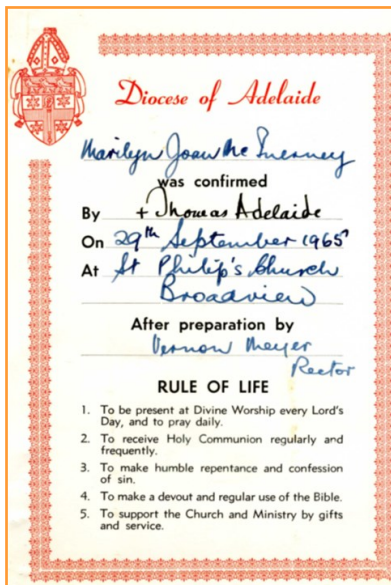
A lucky escape and a great story to tell for many years to come.



Story as told to Ray Harris by Mr. Syd Robinson

A Tribute to St Philip's Broadview

And its place in the life of Marilyn McInerney



Marilyn married Eugene McInerney in 1954 at Trinity Church, Adelaide and the happy couple moved into their new home in Manningham in 1954.

However it was not until after Tracey and I were born in 1959 and 1957 respectively that Mum began her involvement with St Philip's. By the mid 1960s, Tracey and I were attending Sunday School at St Philip's and Mum was attending church at St Philip's too. She was confirmed there in 1965.



In The 1960s and 1970s St Philips was a very popular church and each Sunday several services were held. On Sunday morning, there was an 8.00am, 9.30 am, and a family service held later in the morning. In the period following her confirmation, Mum attended the 9.30 service as a preference. Mum would attend this service while Tracey and I were at Sunday School. There were many children attending Sunday School and most of the classes were held in the Church hall; overflow classes were held in a small hall nearby on Iona St and I recall going there.

St Philip's was also a social and recreational sporting hub for the local community and had a basketball, netball and tennis club. There was also a Church of England Boys Society group at the Church.

The sporting clubs were quite large. Tracey played for the netball club on the asphalt courts on McInnes Avenue and there were teams in just about every grade along with senior teams. Tracey played with the Oermann sisters and Trent played in the basketball teams, and there were sometimes two teams in each junior grade along with the senior teams. The tennis club was run by Jim Anchor who coached juniors at the club including myself. The club had girls' and boys' teams in each age group and was quite successful in winning a number of pennants.

The sporting teams were where I recall Mum getting involved in other activities. Mum became Secretary/Treasurer of the Tennis Club and she was involved in Tracey's netball teams. Mum always liked to help and contribute.

The parents of our friends at the sporting clubs were integral to the running of the clubs; the Shepherdsons did so much for the Basketball Club, and the Oermanns for the Netball Club. Other families such as the Day and Leedham families played a large part with the Tennis Club. Of course, there were many more and Mum became good friends with them and many others.

The memory wall on the Iona Street side of the Church has a tribute to many of these fine people.

The Rector during this time was Reverend Paynter. A small, energetic and friendly man, he was always involved in these activities and Rector, as he was known, would often turn up to see how the teams were going on a Saturday. He was well liked by Mum and the whole community.

There were also family picnic days, held at Belair, with bags races, egg and spoon races, and trestle tables laden with food brought by the local ladies. Tennis days were also held and the Church had some good players including Mr Oermann and Don Klose, so competition was keen. St Philip's also held a concert in the Church hall.

After being confirmed Trent used to go to the 8.00am service with Mum and this became a fixture for her.



She would always contribute to whatever she was involved with and she became involved in preparing flowers for the altar display, she worked at the fetes, she did welcoming at the Church on Sundays and assisted with 'the counting', as she called it, after the services.



Floral tributes to Marilyn from the St Philip's Floral Team

Mum really enjoyed St Philip's, and in later years, she spoke well of Parish Priest Santhosh Kumar. Santhosh and his family were very highly regarded by Mum; she told us much about them and we learnt about their background. She talked about the vibrancy that Santhosh and his community brought to St Philip's. Mum really enjoyed the Indian Community and the Sunday lunches with this group.



Mum's Eugene, our Dad, passed away in November 2020 and the loss she felt was great. She was lonely and her friends at St Philip's gave Mum companionship and looked after her.

She had a great circle of friends at St Philip's, in particular Rosalie, and we would like to thank all of you for the love and friendship which you gave her.

Trent McInerney and Tracey Klobas

John Crowther's Memorial Service

A memorial service celebrating the life of John Crowther was held at St Clement's Church on May 30.

Attended by family and friends, it was a fitting tribute to a man who spent his life loving and supporting his family, and in the service of others both at church and in the wider community.

His love of the Outback, wearing overalls for most occasions, and his eclectic taste in cars were fondly remembered, as was John's willingness to 'be there' for anyone in need.



Scottish piper, Brian, concluded the service by playing 'Highland Cathedral'



*Rev Ian Young conducted the Memorial service.
Organist: Alan Sutton*



Photos from John's time working in schools

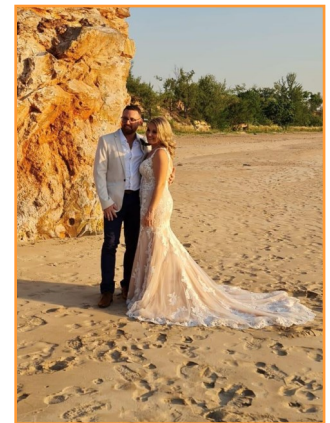


A Family Wedding

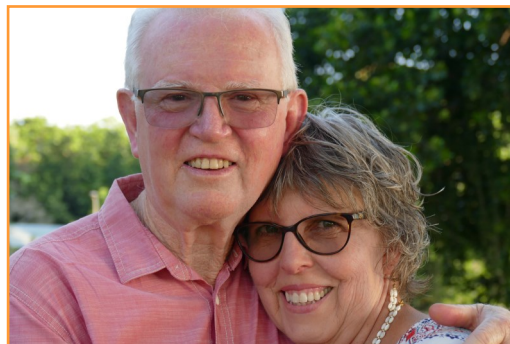


Our eldest son David was finally able to be married on May 7, 2022 (day before Mother's Day) to Rebecca by Casuarina Beach (our old stomping ground) in Darwin, after two previous attempts to have the ceremony in Fiji and Adelaide in 2020 – cancelled due to Covid.

There were a few heart stopping moments the day before when it was discovered that the bridal gown delivered was the wrong one, however with two minutes to spare on the Friday afternoon, the correct one was delivered in time!



Also that evening my two sisters' flight from Sydney was cancelled, but another turned out to be available so they were able to attend! No-one was sick for the



day and we thank God for the wonderful time had by all, and the dry season weather burst and classic Darwin sunset were added blessings!

Our visit to Darwin also gave us the opportunity to catch up with old friends, colleagues and relatives and of course attend a few Darwin markets!



Anne Bastian

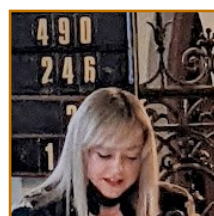
Baptism



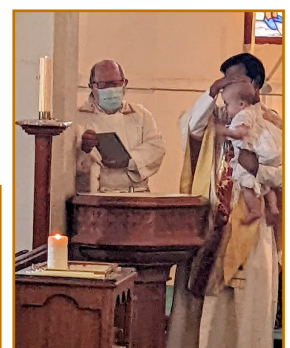
Mackinnon and his parents, Aaron and Angela, with Godparents Shauna and Alan Trenorden (on behalf of Trent Shields)

On March 22, six month old Mackinnon Aaron Wye was baptised at St Clement's Church. The service was well attended by family and friends and marks another important occasion which Mackinnon's family have celebrated at the church.

Following the baptism, the family enjoyed a light meal together at The Lodge.



Rachael Wagner-Rohde presented Bible readings



Above: Mackinnon Aaron Wye being baptised by Rev Santhosh

Left: Mackinnon with his parents Aaron and Angela Wye

Holy Week



Above: After the Ash Wednesday service at St Philip's



Holy Week preparations at St Philip's
Left: Father Brian and Coral
Right: Margaret Nelson



Below: Rosalie and Lynn making preparations for Palm Sunday at St Philip's
Right and below right: St Philip's Church ready for Palm Sunday



Below: Good Friday Service at St Philip's



Above: Malayalam Congregation processing in with Palm crosses

Above and below: St Clement's Church ready for Palm Sunday



Right: CSI Malayalam Congregation sharing the traditional porridge after Good Friday service



Left and below: Easter Day at St Philip's



Above and right: Easter Day at St Clement's



The Strummers

At the age of seven, my formal musical education started with the violin, probably influenced by my great uncle, the blind violinist, Harold Raymond. This lasted for seven years and I remember my disdain for the Beatles and their music when they visited Adelaide in 1964 – classical music for me!

While I enjoyed playing in an orchestra during a South Australian May Music Camp and singing in the combined Primary Schools choir (I still have the vinyl record of this), my taste turned to popular music as I started high school, undoubtedly aided by my two older brothers' interests.

At Enfield High I was introduced to Gilbert & Sullivan and joined the chorus for *Iolanthe* and the choir that would perform in the Barossa each Christmas. In my final year, I really stretched my vocal abilities by taking on the lead role of Tony in *West Side Story*. Maria was played by Penny Hay (then Walsh) who went on to a successful career as a singer.

Meanwhile, I was a member of the St. Clement's choir and performed in our Youth Group revues alongside the sometimes irreverent Rev Frank Mayger. Then career and parenthood became my main focus. I'd occasionally bash away on our piano, a gift that once belonged to Kay's grandfather, and at Christmas times I would break out the violin for a carols sing-along with Kay on the piano and her Uncle John in full voice!



Now for the last three years, I have rekindled my music making with a group of retired teachers who meet once a month for an afternoon of 'jamming'. After lunch at Vili's Café, we head to Tom's place at Prospect where he has amassed over 600 tunes with simple cords and accompanying lyrics on PowerPoint slides. So with Tom, Andrew, the two 'lans' on guitar and me on keyboards, we revisit the melodies of our youth and share stories of our lives.

Grant Brindal

The Love of Music



Music is an essential ingredient for special occasions. Every culture has its special tune. Take the National Anthem for example; it has a way of reminding us of our pride and loyalty, of belonging to our country. Music has the power to unite people, make us feel at peace. Music is like a second language.

Music has such a strong effect on our emotions. I benefit from quiet music, while younger people often prefer pop songs. Exposing children to music during early development helps them to learn the sounds and meaning of words. Toddlers love to dance, move around and sing to the music. Some people can name almost every song that comes on the radio.

The world is full of beautiful music which can be most helpful in our every day life style. We can become aroused when singing our beautiful hymns in church; we forget our pains and stress. We feel peaceful and happy and the music revives our soul and mind. A most wonderful feeling.



God bless to all.

Mary Craggs

For the Love of the Drumbeat

Since I was young, I always loved the beat of pop/rock music (secretly) and so wanted to play the drums (including in a real band)....but alas, a young Baptist (let alone female) drummer just wasn't the done thing back in those days in country NSW!!

When our eldest son was about 7 years old, he was introduced to the drums at our very young Anglican Church in suburban Darwin. As I watched him play, I thought that maybe I could do it too, especially as I had a habit of tapping hands and feet on anything available – steering wheel, tables, desks – to the beat of music! It was so exciting to bring the drums home for him to practise on so then I could learn from him.

Finally in my 40s, the opportunity to play the drums in our church each Sunday came when a priest that we knew from the past came on board (himself a guitar player). Playing drums alongside our pianist, guitarists (Morris being one) and oboist, we had our church 'band'. Our Anglican Church was mainly people our age singing modern Christian songs with a good beat.



Later, a member of our church became a part of a local Darwin band and had given me a few professional lessons. When I was having my 50th birthday party, we decided to have his band for the music – playing all the old hits from the '60s, '70s and '80s. My long-time dream to play in a professional band came true when I was offered to play the drums for one song, 'Sweet Home Alabama'! I was so nervous a friend gave me three vodkas beforehand....and away I went – such a thrill I will never forget!

Anne Bastian

Earworms

When taking the grandkids to school this morning, we were chatting in the car about what they would be doing today when one of them randomly said, "What is it about Christmas carols, that they stay in your head!"

She then proceeded to sing a few bars of *Jingle Bell Rock*, and yes, thanks to that, we were all listening to that tune going around in our heads for the day...and it was only the month of May!

On the silent trip home in the car by myself, my granddaughter's comment got me thinking about how tunes and rhythms often stay with us. They have the capacity to almost magically return us to past times and experiences; to people in our lives and even to earlier versions of ourselves.

If I think of *Teddy Bear's Picnic*, it takes me back to my childhood and to thinking of my mum who used to play that on the piano. My dad was into Westerns and the song *Paint Your Wagon* becomes synonymous with him without me even realising my mind has taken me down that memory road. *Westside Story's* 'Maria' transports me to the first time I saw the person who would become my husband of 46 years. The *Playschool* song reminds me of my children when they were young and *Baby Shark* returns me to more recent times of looking after our grandchildren.

Writing this, I realise that music is a precious gift, not only in and of itself, but because of that to which it connects us. Who needs a time machine or a *Star Trek* teleporter when the simple act of remembering a tune or feeling a particular rhythm can effortlessly return us to the special people and moments in our lives!



* **Earworms:** a catchy and/or memorable piece of music or saying that continuously occupies a person's mind even after it is no longer being played or spoken about. (Wikipedia)

Birthdays



Angelin on her birthday sharing the birthday cake with friends



David cutting his birthday cake



Hanok's birthday celebrations



Raelee celebrating her birthday and below, Cliff leading us in singing happy birthday to her



Nomiki's birthday



Left: Kay celebrating her birthday at St Clement's and above, Cliff leading the happy birthday song.



Sounds of Joy

On December 1986, Cliff and I were married at St. Clement's Church. We were both teachers and we met at a northern suburbs school, where we both taught. The wedding ceremony was officiated by the Rev John Gilbert at 5.00pm. It was a pleasant, slightly overcast 23°C day with a sprinkle of rain for good luck as we departed the church. All our friends and family were there. My close friend, whom I also met at the school, was my bridesmaid. The lead up to our big day was a huge time of excitement and conversation at our workplace. Many of our work colleagues, young students and their parents came to our wedding to wish us well.



We were engulfed by joyful music as the Rev Peter Garland played the organ and the St. Clement's Choir sang, "Oh Perfect Love" and "Come Down O Love Divine". A soloist, Coralie Basnec also sang, "The Lord's My Shepherd".

After the service, we moved off to our reception at Falcon Lodge (now the Paradise Retirement Village!). It was here that, to add to a day of special memories, Cliff played the guitar and sang, *The Power of Love* to me.



Cliff playing guitar and singing to me at our wedding reception.

Life was very busy prior to the wedding as we were still working and finalising end of year commitments at school until just before Christmas. As soon as the Christmas holidays commenced, we were making final preparations for our wedding, as well as being involved in the busyness of Christmas. As our wedding was on 27th December, Cliff did not have a great deal of time to practise the song he was singing to me. Most of Cliff's family lived in the south-east of the state. Two days before the wedding, he drove down to bring his mother, father and auntie up to Adelaide for our special day. Being resourceful, Cliff made the most of the long journey by playing the *The Power of Love* ad nauseam on a cassette in the car in order to learn the words. No doubt his passengers knew the words as well as he did on arrival!

My parents' neighbour made a video of our wedding, which began with the ringing of the bell at St. Clement's. For many years to come, on our wedding anniversary, we received a phone call on the dot of 5.00pm (the time of our wedding). To fulfil the tradition, as soon as we answered the phone, we were greeted with the loud, distinctive clunking sound of the St. Clement's Church bell (recorded from our wedding video). This was always followed by my parents (Ray and Joan Harris) extending their best wishes for a happy anniversary.

Raelee

Congratulations



Congratulations to Philip Penn on receiving the Premier's Award for Volunteering. Such a great honour and well deserved. His love of football led to his volunteering and this award acknowledges Philip's dedication and hard work.

Even with work and a young family, Philip also volunteers his time to assist with St Philip's Church garden. Thank you Philip.

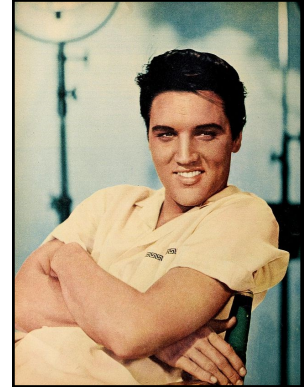


Mum, Elvis and the Birds

There are so many melodious things that bring me joy that it would take ages to write them all down.

I will start with my mum. She was a beautiful soprano and she sang all the time. She would sing while doing the housework or hanging clothes on the line. Best of all was when we washed the dishes together and sang, *You Are My Sunshine*. She taught me all the old songs and all the Irish favourites. During the war, she sang with a band and entertained soldiers at the Cheer Up Hut in the city. Mum also sang at many different concerts and dances around Adelaide. Later on she used to mainly sing at weddings.

My next introduction to music was a very different one. I was about nine years old when a young man was singing on the radio. (Mum didn't like his music). His name was Elvis Presley. When I was at high school, we went to Melbourne and Mum finally let me buy his latest hit song. It was *Wooden Heart* from his new movie, *G.I. Blues*. Mum changed her mind about him when she heard this song. As it was not yet for sale in Adelaide, I was the most popular girl around. Everyone was at my house to hear Elvis. I was still not allowed to see his movies because of the type of people who were at the picture shows. I was sixteen and working when I saw one of his films. I collect all sorts of memorabilia related to Elvis. His music always makes me emotional - mostly happy but sometimes sad, especially *American Trilogy*, which was played at his funeral.



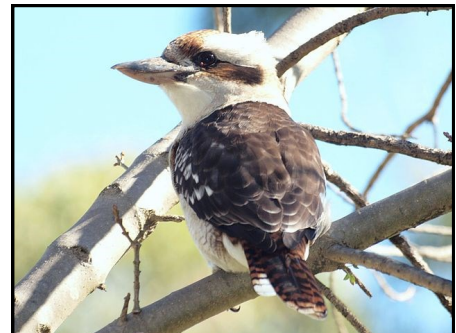
I find it amazing that one man can make millions of people happy. I have him singing in the background at the moment to give me inspiration. My favourite song is, *Can't Help Falling in Love*. This was our wedding song.

I also get much joy from the birds that are in our garden every day, especially the 'morning choir'. We have rainbow lorikeets in the gum tree. Also, there are wattlebirds, noisy minors, blackbirds and kookaburras as well as the doves, pigeons, Murray magpies, galahs, sulphur crested cockatoos and magpies. Their warbling and chattering is beautiful. I have a family of three magpies that come to me each day. They sing for their treats. I give them a mixture of mince meat and native bird mixture. They also like oats. They repay me with gifts left on my doorstep - empty snail shells, small pebbles, bark and, best of all...a worm. One day I was feeding a mother and baby bird, when the "teenage" bird walked right up to me and dropped a worm at my feet. I gave it back.



When I have been out, they often fly ahead of my car and wait on the lawn until I arrive home.

I am so lucky to have so many things that make my life so happy.



A Musical Journey

For as long as I remember, I have been surrounded by music. My grandfather played accordion and fiddle at local dances and my mother used to sing me to sleep at night. From an early age, I was encouraged to sing and learn an instrument. I was given an old ukulele and I soon learnt a few chords and my father would pay me two shillings to play for visitors.

As I grew older, I started taking lessons and, eventually, I was helping beginning students to learn to play guitar. During the following years, I played mainly for my own enjoyment.

Then, when I was at Teacher's College, I met up with other musicians and, after hearing me playing and singing, they encouraged me to audition at a coffee lounge in North Adelaide. This was the turning point in my musical journey. I got a regular Thursday night gig and stayed for about three months.



Playing guitar with Morris

For the next two years I worked at The Arkaba Hotel on Friday and Saturday nights. This provided my income for the remainder of my time at Teacher's College.

I am forever grateful for my musical journey because, not only did it enable me to graduate and have a long teaching career but, during my career, I have been able to bring music to the many students I have taught.

Although I play mainly for myself now, I still enjoy the challenges of expanding my repertoire by learning new songs.

Clifton Gurney

Melodies in Nature

Many leaves are falling from trees at this time of the year. I love the sound of them being blown onto my roof and rustling up the drive, as I have two big council trees out the front of my house.

Birds have a lot of melodies around my house in the country too - magpies, crows, black birds, parrots, etc - each has its own beautiful sound, or music if you like to call it that.



A little top notch pigeon regularly comes to my back verandah cooing for me to feed it so I do, with it walking behind me to the back yard - even though it can fly!



St Philip's Patronal Festival



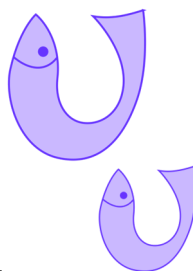
Pat Luke leading the procession into the church. Lynn Ward carrying the banner



Above left: Choir singing during the service. Above: Rosalie with the loaves and fishes for blessing



The service was followed by a shared meal of Fish and Chips, cakes and other goodies!



An Insight into the History of CSI Malayalam Congregation

This is a brief historical summary of the life of this Congregation, featuring the important milestones and people involved during the past 10 years.

The Church of South India (CSI) was formed in 1947 by the organic union of the Anglican, Methodist, Presbyterian, and Congregational traditions in south India, the CSI became a member of the Anglican Communion in 1990. The CSI recognises that the elements of all four parent traditions are important in its life. However, its liturgical heritage comes mostly from the Anglican tradition – and the CSI has also inherited episcopacy and church governance from the same source. So, it could be said that the CSI is the ecumenical expression of the Anglican Church in south India. And in Australia, therefore, the Anglican Church stands closest to the CSI compared to its other counterpart. This makes this congregation feel privileged and proud to become part of the Anglican Church, the source of its parent tradition in Australia.

The inspiration for this immigrant community to begin a worship together in Adelaide came from the CSI Church in Melbourne, Victoria. On April 24, 2012, six CSI families gathered at Ajith Simpson's residence for a prayer meeting. The members who attended this meeting were Ajith Simpson, Seena Ajith, Shobitha Raj, Sophia Beena Lazer, Bensilal Devadanam, Hepsi Stephenson, Joshitha Mathew, Bincy Baburaj, Justin Mathew, Subhash Abel, Suraj Samuel Madathil, and Sania Suraj. These members decided to start a CSI Congregation in Adelaide.

In consultation with the CSI Church, Melbourne, it was decided that the Church would have its first service on Saturday, May 12, 2012. Eight families from the CSI Church, Melbourne came to Adelaide with the necessary arrangements in place for the Holy Communion. Thus, with their help and participation, the first Holy Communion was celebrated by Rev. Saji Thomas and Rev. Samson Aashirvadam at Woodville Gardens Uniting Church. After that service, a committee was formed under the leadership of Ajith Simpson as its President. It was then decided to have Holy Communion on the first Saturday of every month and the other services led by laypersons on every second and fourth Sundays. Sunday School and Women's Fellowship were also started then.



Members present at the first worship held at Uniting Church, Woodville Gardens in May 2012



*Rev Thomas Korah and Kochamma with members present during the Easter service held in 2013
St Clement's Church*



First Anniversary Celebration held in May 2013. Rev Jobby John, and Rev Samson Ashirvatham along with Bishop Tim Harris



Rev T Sadanandan during his visit in April 2016



An Insight into the History of CSI Malayalam Congregation

The congregation wanted to have its own space and thus desired to be under the auspices of the Anglican Diocese of Adelaide. With this as its goal, the Committee approached Archbishop Jeffrey Driver and Bishop Tim Harris. They kindly permitted the Congregation to use St. Clement's Anglican Church, Enfield, for its worship. As per our request, the CSI Church, Melbourne agreed to send Rev Joby John on the first Saturday of every month. Later, the services were held by Rev Thomas Korah who also came from Melbourne. For some time, the services were held in St. George Anglican Church, Alberton by Rev T Sadanandan and Rev Samson Aashirvadam. From August 2015, Rev Vinod Victor started visiting once a month for the service. The first baptism of this Congregation was that of David Bensilal, s/o Bensilal Devadanam, which was held on July 19, 2015.

On June 4, 2016, the congregation moved permanently to St. Philip's Church, Broadview. This facility was provided by Bishop Tim Harris. For the first time in its history, on November 12, 2016, a Harvest Festival was organised. The Chief Guest was Rev. Varghese Cherian from the Mar Thoma Church, Adelaide. The Vacation Bible School (VBS) was also started in 2017 led by the Youth Wing of the CSI Church, Melbourne.

A Gospel convention was also held for three days as part of celebrating the 5th Church Anniversary May 11-13, 2017 with the theme 'Secrets of Happy Homes'. It was inaugurated by Rev Dr Tim Harris. Rev Vinod Victor was the main Speaker and Rev Dr Frederick Eluvathingal and Rev Varghese Cherian were the chief guests.

On October 25, 2017, Rev Santhosh S Kumar was commissioned as the Parish Priest of the Parish of Broadview and Enfield, appointed by the Anglican Diocese of Adelaide. On May 20, 2018 the members of the CSI Church, Adelaide, were integrated into the life of the Anglican Diocese of Adelaide as a member congregation of the Parish of Broadview and Enfield bearing the name, 'CSI Malayalam Congregation, Adelaide'.



A few Melbourne CSI friends along with Bishop Tim Harris, Rev Sophie Relf Christopher and Rev Vinod Victor when the inaugural service was held at St Philip's in June 2016



Celebrating the inaugural service at St Philips Church



The receiving Bishop Dharmaraj Rasalam at Adelaide airport by Bishop Tim Harris in April 2017

Over the years, the following people have held various responsibilities within this congregation from May 12, 2012 to May 20, 2018.

- ◇ President: (the respective vicars of that period)
- ◇ Vice President: Ajith Simpson, Bensilal Devadanam and Sudheesh Sadanandan
- ◇ Secretary: Sania Suraj, Bensilal Devadanam and Sunil Langlin
- ◇ Treasurer: Joshitha Mathew, Ajith Simpson, Dolly Binumon and Maria Abraham
- ◇ Committee Members: Sobitharaj, Suraj, Bincy Subash, Mattathil Ittyipe Johnson, Rony Jacob and Seena Ajith
- ◇ Sunday School Coordinator: Sophia Beena Lazer and Sara Langlin. Women's Fellowship Coordinator: Sara Langlin, Seena Ajith and Maria Abraham

After the integration of the congregation into the Parish, the following people were appointed to leadership positions from the Congregation till date.

- ◇ Presbyter: Rev. Santhosh S Kumar
- ◇ Wardens: Sangeet S Kumar (2018), Joshitha Mathew (2019, 2020), Sudheesh Sadanandan (2020 till June), Nevin Abraham (2021), Mathew Vargheese (2020 from July, 2021 & Present), Ajith Simpson (2018, 2019 & Present)
- ◇ Councillors: Joshitha Mathew (2018), Maria Abraham (2019), Sangeet S Kumar (2019), Ajith Simpson (2020), Prince John Abraham (2021), Seena Ajith (2021), Nevin Abraham (2018, 2020 & present), Samuel Cherian Thoppil (present)

These representatives bring the concerns of the Congregation to the Parish Council and, along with the representatives of St Philip's and St Clement's, make the decisions for the Parish.



Episcopal visit during the Passion week 2017, Bishop Dharmaraj Rasalam from South Kerala Diocese



Children who participated in the VBS held in 2017 with the organisers



Youth from Melbourne CSI took the leadership to conduct the VBS

Below: Celebrating 5th Church Day by cutting the cake



An Insight into the History of CSI Malayalam Congregation

The Sunday School was coordinated by: Joshitha Mathew (2018-2020) and Sneha Elizabeth Thomas (2021-Present). Women's Fellowship: [internal activities] Sneha Elizabeth Thomas (2020), Seena Ajith (2019, 2021, present), and [External activities] Maria Abraham (2019-Present). Ajith Simpson was elected to the team to represent the Parish in the Diocesan Synod (2019-present).

During the Kerala flood disaster in 2018, the congregation lent a helping hand to a family in rebuilding their house. A couple of other families were also identified, and through the generous contributions of friends and well-wishers, the congregation continues to provide those families assistance mainly in regard to children's education and building of a new house.

During the unprecedented time of the COVID-19 pandemic, worship services were regularly streamed via an online platform.

The food stalls set by the Congregation in the Prospect Spring Fair have won the prize for the best stall several times – and it continues to generate income for the Parish along with the major event, the Harvest Festival, that is successfully organised each year.

'Carol Nite' is organised by the congregation every year, and it continues to be an ecumenical event celebrating Christmas with the music of different cultures.

An important occasion for the congregation was our first Confirmation Service which was held on May 2, 2021. The Most Rev Geoffrey Smith, our Archbishop, confirmed eight members to the full membership of the Church.

Currently the congregation has thirteen families (51 members) on its roll. The services are held on Sundays at 4 pm in Malayalam at St Philip's following the CSI Liturgy. The three congregations join in worship together on special occasions such as the Patronal Festivals of St Philip's and St Clement's, and when there is a fifth Sunday in the month.

We feel blessed to be part of this Parish, receiving much love from both St Clement's and St Philip's – and pray for God's continued guidance in the life of this Parish.



Above: Participation in All Australia CSI Family Conference held at Grampians in September 2018

Right:
Following
Easter
service in
2019



CSI Cong
Stall at the
Prospect
Spring Fair

Right:
Women's
Fellowship
members
with Bishop
Tim Harris
and Fiona



Below: Australia's Biggest Morning Tea held to raise funds for Cancer Council is held regularly





Left: During Onam, the traditional festival of the State of Kerala, the members of the congregation with the other parishioners, enjoying 'Onasadya', delicious home-made vegetarian cuisine of Kerala, on a banana leaf.



Below: Outdoor picnics are held to enrich the comradeship



Left: A group selfie never fails to capture the happy faces

Below: House Caroling to spread the joy of good news that Christ our Saviour is born in Bethlehem



Left: Blend of professional and amateur musicians in the Christmas band

Below: Carol Nite concludes with a visit from Santa Claus!!



Above: Children performing the Nativity Show during Carol Nite



An Insight into the History of CSI Malayalam Congregation



Above: Outreach organised by Women's Fellowship External Activity



Right: Watchnight service on December 31st followed by cake cutting.... We are ready to welcome new year!!!



Left: "Let us come before Him with thanksgiving and extol Him with music and song."



Children who were confirmed pose for a photo with Archbishop Geoffrey Smith



Left: Children enjoy a round of Badminton after the Sunday worship, Sunday school and Malayalam class





Harvest Festival brings excitement to welcome our friends. This is our major fundraising event.



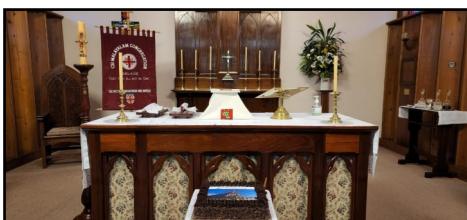
The Covid pandemic saw us going to lockdown, but worship services were regularly streamlined through online platforms.

CSI Church Day—10th Year Celebrations

On May 15, 2022, the CSI Malayalam Congregation celebrated its 10th Church Day Anniversary with a service of Thanksgiving Worship and celebrations to follow.



*Thanksgiving Service
at St Philip's*



CSI Church Day—10 Year Celebrations



Bishop Tim Harris begins the service and below left, he and Fiona are welcomed by shawling and given a bouquet



Below right: Children presenting a special song



Women's Fellowship present special song



Celebrating after worship with shared meal



The Jolly Jaunt Visit



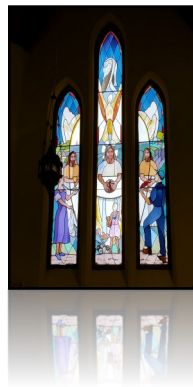
On the first wintery Saturday morning in June, St Clement's welcomed eighteen members of the Friends of St Peter's Cathedral for their 'Jolly Jaunt'. Organised by Rev Stuart Langshaw who was our Locum in 2011/12, the 'Jaunt' comprised visits to three churches, starting with St Clement's, then venturing to St George's Gawler and returning to St Cuthbert's Prospect.

Angie provided the visitors with updated versions of our short history booklet and Grant briefly spoke about the building of the church. Joan was on hand with numerous photo albums that recorded past activities held at the church.



Many were interested in our stained glass windows, especially as they were familiar with other works by Cedar Prest.

Stuart rounded the group up in his inimitable style and they left with a good appreciation of "the little church on the hill".



Sunday School Children with Sam

Once a month, Sunday School students meet with Sam, leader of the Youth Fellowship, to participate in a bridging program between Sunday School and Youth Fellowship.

The students meet on the second Sunday of each month, the aim being to build positive relationships within the group.



Music That Inspires

My father, Syd. Robinson, had been an organist at St. Clement's Church for sixty-four years. Church music had been a huge part of his life. For a short time near the end of his life, he was in an aged care facility; my father spent most of his day there in a disconnected world of his own, being largely unresponsive to his surroundings. It was primarily the special meaning and memory of hymns that inspired him.

I had a copy of Church hymns on a cassette and when I played the music to him, Dad sang along at the top of his voice, remembering every word in detail. The staff couldn't believe it. The transformation was amazing. "Come and look at Syd. Come and look at Syd!" they called to each other.

Research suggests that listening to music or singing songs can provide emotional and behavioural benefits for people with Alzheimer's Disease and other types of dementia. Apparently, key brain areas linked to musical memory are relatively undamaged by the disease and musical memories are preserved. Moreover, music can relieve stress and reduce anxiety, depression and agitation. Similarly, music can also benefit caregivers.

I experienced a similar situation when, for the last nine years of his life, my late husband, Ray, was also in an aged care facility. I used to take him in a wheelchair through all the wings of the facility and outside into the garden, where he enjoyed sitting in the sunshine. I used to read to him and sometimes we would watch TV together, but most of all he loved music.

In his younger days, Ray was a drummer in a band, "The Blue Moon Rhythm Trio", for many years. (The song *Blue Moon* was their signature tune). He mainly played for dances at the Prospect Town Hall with his brother-in-law, Eric Robinson, on saxophone and another mate on piano.



Ray Harris, drummer in The Blue Moon Rhythm Trio

At the aged care facility, I would play Ray's favourite music to him on our old cassette player. At times, Ray could be sitting quietly in his room, not engaging in

much conversation but as soon as the music started, his finger and foot would start tapping to the music. I would then give him his breakfast tray and a couple of pencils to use as drumsticks and, with a great smile on his face, he was off! His whole demeanour changed. Sometimes he would whistle to the music as well.



Ray with me and a concert entertainer at the aged care facility

Every fortnight the aged care facility had a concert and I made sure Ray attended. I have a photo of one of the entertainers coming up behind Ray and giving him a hug during the act. He just loved it. The concert music opened up an afternoon of fun and social interaction.

Ray had a good sense of humour and was always up for a joke. One Christmas I placed a small Christmas tree in his room. Alongside it I put a plush Father Christmas toy. When Ray discovered that the toy played Christmas music at the

switch of a button, he hid the toy in the storage compartment of his walker. As he walked along, music filled the corridors with Christmas joy. The carers stopped what they were doing to investigate where the music was coming from. Ray, with a poker face of innocence, pretended that he had no connection to the joyful music. Soon the corridors were not only filled with music but also with the sound of cheerful laughter.



Joan Harris

Surrounded by Sound Wonder Word

T	H	S	N	C	Z	O	Q	L	Z	C	H	U	C	K	L	I	N	G	U
B	B	K	C	W	H	I	M	P	E	R	I	N	G	V	O	S	K	S	K
Z	A	W	H	S	X	D	G	I	S	Z	F	U	F	O	H	I	S	T	Q
L	R	O	I	B	W	Z	J	C	C	H	J	Q	D	D	M	G	N	U	V
W	K	F	M	S	Q	H	B	P	R	N	U	M	J	V	J	H	O	B	T
Z	I	I	I	X	B	U	U	T	A	Y	H	S	M	F	T	I	R	C	I
A	N	Y	N	D	N	M	Z	T	T	S	A	I	M	X	H	N	I	R	H
M	G	F	G	Y	X	M	Z	L	C	M	R	N	U	T	B	G	N	O	A
O	W	A	F	L	P	I	I	V	H	Y	M	G	Z	V	A	D	G	W	D
U	S	H	E	O	N	N	N	U	I	L	O	I	D	C	N	L	B	I	R
P	A	T	I	V	Q	G	G	H	N	A	N	N	N	P	G	D	H	N	U
W	L	U	R	S	I	L	R	R	G	U	I	G	N	F	I	Z	I	G	M
A	A	V	C	U	P	Q	T	K	Q	G	S	F	R	Z	N	Q	T	K	M
U	U	R	Z	H	M	E	M	N	F	H	I	K	F	N	G	Z	S	B	I
L	Z	A	B	Z	I	M	R	P	Y	I	N	A	U	F	E	L	H	Z	N
W	J	K	I	L	N	R	I	I	V	N	G	G	P	U	R	R	I	N	G
R	I	C	W	P	I	A	P	N	N	G	Y	S	R	H	L	S	Y	F	V
U	N	D	L	D	B	N	B	I	G	G	K	J	Q	W	Q	G	G	Q	S
G	E	R	O	X	P	W	G	W	N	M	X	K	P	W	C	H	E	X	B
G	O	W	X	K	Z	F	M	F	H	G	W	Z	K	K	S	L	M	B	C



HARMONISING	WHIMPERING	SCRATCHING	WHISPERING
CHUCKLING	WARBLING	STRUMMING	LAUGHING
CHIRPING	BUZZING	DRUMMING	HUMMING
BANGING	CROWING	PURRING	SNORING
SINGING	BARKING	SIGHING	CHIMING



Combined Service & Annual Vestry Meeting

The Annual Vestry Meeting was held at St Philip's Church on February 27 after a combined service and was followed by a shared luncheon.

Thank you to all who nominated and to all those who have accepted a position for the year to come.

APPOINTMENT OF CHURCH WARDENS BY THE PRIEST (3)

Carren Walker (St Philip's)
Grant Brindal (St Clement's)
Ajith Simpson (CSI Malayalam Cong)

PEOPLE'S CHURCH WARDENS (3)

Lynn Ward (St Philip's)
Morris Bastian (St Clement's)
Mathew Varghese (CSI Malayalam Cong)

PARISH COUNCILLORS (VOTED BY ALL VESTRY)

Penny Bissel & (St Philip's)
Lorraine Fransson & Angie Goddard (St Clement's)
Nevin Abraham & Samuel Cherian (CSI Mal Cong)

Nominations Committee (1 FROM EACH CONGREGATION)

Penny Bissel (St Philip's)
Angie Goddard (St Clement's)
Ajith Simpson (CSI Malayalam Cong)

Synod Representatives (2)

Margaret Nelson
Ajith Simpson

Safe Ministry Co-ordinator (1 from Each Congregation)

Sneha Mathew (CSI Mal Cong)
Morris Bastian (St Clement's)
Pamela Sherwin (St Philip's)

At the conclusion of the Annual Vestry Meeting, Fr Brian Newman thanked Pamela for 26 years of service.

Pamela, it is a privilege for me to be able to pass on the you on behalf of all members of the combined congregations, our appreciation of all of your many years of devoted service to the Parish. There will not be many who will remember the time when you took up extra duties in the Parish at the time when you were still working.

Over the years you have, with Erik's strong support, been involved in almost all of the decisions, some more difficult than others, which have had to be made.

There have been many changes, at least in my time since we arrived in the Parish in 1987; the whole structure of the administration, worship and church life has changed completely. Gone are the days when a simple cash book with cheque stubs, receipts and petty cash, were enough to pass the auditor. Now laptops have taken over. And you have had to work through many changes under some difficult times of pressures between Parishes and Diocese.

As treasurer, Church Warden and member of the Parish Council, you have, working with Parish Priests, Councillors and congregations, coped with all kinds of crises, times of sadness, joy and thanksgiving.

Pamela, we thank you for your service, devotion, perseverance and advice over the years, and wish you some years of relaxation, new adventures and more time for family and friends

Now you can take a deep breath, let all the air out, and just watch the world go by...that's a joke...it won't happen, I'm sure.

Thank you and God bless you.



Pamela Sherwin
receiving flowers at the
Annual Vestry Meeting



Shared Luncheon



Members of the combined congregations enjoyed a shared luncheon after the Annual Vestry Meeting



Farewell Dr Gwyneth Ottrey



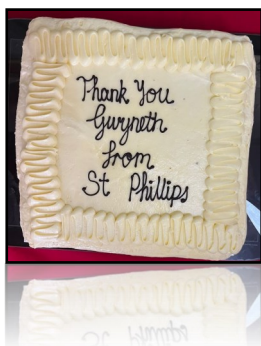
Gwyneth was born and brought up in Melbourne where she trained as a Kindergarten teacher. Gwyneth worked in Victoria, Alice Springs and finally worked in South Australia where she retired. She has several university degrees including a Master of Arts (Theology) – Spirituality and Pastoral Ministry Strand from the Australian Catholic University, Canberra Campus.

Living in North Adelaide, she worshipped at an Anglican Church in the city. In 2002 when Caroline Pearce started a four year EFM study group at St Philip's, Gwyneth joined and

eventually made St Philip's her spiritual home.

She has been an enthusiastic and energetic member of our congregation leading Advent and Lenten Bible studies, and as a Lay Assistant, she has faithfully taken Communion to our housebound parishioners. About ten years ago, she took over the leadership of the Tuesday morning Lecto Divina and silent prayer group which she led until she moved to be with her family in Ballarat a few months ago.

She is greatly missed in the Parish and we wish her well in her new home.



Farewell

Surrounded by friends, Gwyneth cutting her farewell cake



Parish Poetry

I wrote this poem 52 years ago. My teacher at the time wondered why I had not written poetry before as I actually had a talent for it. This is one of my poems and I feel it still relates to today.

Freedom

The world is near an end.
Oh, how long could one be so cruel, at such a time as this
when there is nothing but hate and war.
The end must come, for the world is dead in hate.
How cruel hearts can reign,
how people die and suffer
For what?
For a thing called freedom?

Freedom is a funny thing , in a world which is so cruel.
We are free of war, here in our world.
We are free to do what we like,
as long as we do what the government wants.



I'm free
But for how long?
I'm free,
In a world that is cruel and dead.
For as long as I live, hate and cruelty will reign.
For how long I do not know.

The world is not alive.
Only God knows how it will end!



Andrew

DID YOU KNOW?

RED FOODS give ENERGY.

Red apple, cherries, strawberries, red kidney beans and watermelon



GOLDEN FRUITS boost the NERVOUS SYSTEM and feed the BRAIN.

Bananas, pears, corn, pineapple and melon



ORANGE FOODS aid DIGESTION.

Mangoes, paw-paws, apricot and pumpkin



GREEN JUICES CLEANSE the body

Broccoli, beans, celery, grapes and capsicum

BLUE FRUITS are COOLING.

Plums, raisins, prunes and berries



Parish Poetry

Short Poems

These short poems are written out some of my life experiences, as a way of reflecting on some testing times. They are an internal melody of 'self- talk'. They are things I may think and dwell upon, which have potential to assist me from 'being stuck'- in worry, fear anxiety, anger, depression, and more importantly to be refreshed, by leaving wounds behind.

My wounds are my 'teacher'. A melody of better things to come.

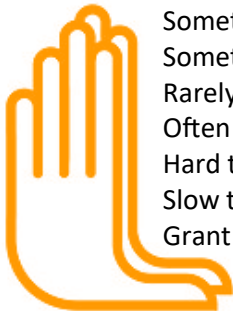


Cruel

Words that cut, offered carelessly.
Pain inflicted, with joy.
Don't bear it,
Absorb it.
Turn it into Love.



Patience



Sometimes some.
Sometimes not.
Rarely given,
Often demanded.
Hard to practice.
Slow to obtain.
Grant it God - patiently.

Time -

- To reflect.
- To feel.
- To know.
- To respond.
- To understand.
- To learn
Give yourself Time.
Time to heal.
Time to forgive.



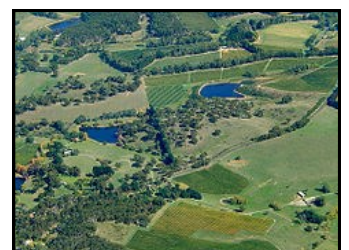
Morris Bastian

The Adelaide Hills

The Adelaide Hills is a fabulous place,
Famous for its wine, I suggest you buy a case.
The scenery and amazing views,
I'm surprised you don't hear about it all over the news.

The nature surrounds you everywhere,
It is so diverse, like a breath of fresh air.
The weather varies from cold to sunny,
Very good climate for delicious honey.
The Adelaide Hills is the home of cook, Maggie Beer,

The food is delicious, don't you fear.
I hope you realise the hills is a place to go,
When it is night the stars start to glow.
Have a nice adventure to the Adelaide hills,
Where you can get many beer refills.



Nomiki Thomas

Melodies of the Adelaide Foothills

The melodies of life at my place in the Adelaide foothills are provided by the singing birds.

The dawn is welcomed by the murmuring of the mating kookaburras, followed by warning cackles to other suitors to keep away. There is a hen-pecking order to the hour of sun-up. The magpies awaken and join in with their melodious carolling, surely one of the sweetest voices of the bush.



The singing Black Birds comes next. The Black Birds are the bane of the tidy housewife as they feast at the edge of the garden paths, scratching where the earth is damp and then wildly flinging the once settled bark all over the swept paths. They spoil the walk-way, but how can I chastise them when they sing so beautifully in the morning?

In late winter, the Crows arrive to build their traditional wreck in Turramurra Pard, they stagger under enormous loads of sticks to engineer their raggedy nests, all the while barking out endless instructions.



Come Spring, the alarming white Cockatoos, in large groups, never fail to fly up into the suburb from their usual haunts near the reservoir three streets west of my house. They delight themselves doing acrobatics in my garden, recklessly, they somersault on the electricity wires. They burst into raucous cries as they bounce and spin, enjoying these dangerous exercises. Concerned, I watch from the back verandah.



Annually, the Piping Strike arrives and perches on the verandah rail and pumps her wings and shrieks at me. She scolds me to let me know that my house is built on her old nesting patch. I keep well behind the kitchen door until she has completed her tirade and flies away to the other side of the yard. The hawks arrive in Advent, spiralling down the wind tunnels, chasing the unfortunate little Silver Eyes. The tiny birds cry piteously and dash for cover into the fat bushes in my front garden. A Herodian episode indeed!



There are many other birds which visit my gardens. They are the quiet ones, but no less dramatic in their gorgeous plumage, such as the Adelaide Rosella. So beautiful are they in their tomato sauce bottle colours, that they have no need to make a verbal fuss to attract attention!



I have a seasonal existence to endure, but I do admit that the early morning choruses are the most glorious melodies of the days of my life.



Margaret Nelson

For the Young and the Young at Heart

Jokes

Q: What did the sea say to the pirate?

A: Nothing. It just waved.



The other day a robber broke into my house. He was upturning all my belongings.

When I walked into the room he shouted at me and said, "Where do you keep all your money?"

I shrugged my shoulders and helped him look.

The first computer dates back to Adam and Eve. It was an apple with limited memory, just one byte and then everything crashed.



I find it ironic that the colours red, white and blue stand for freedom, until they are flashing behind you.

I got a new pair of gloves today but they're both "lefts" which, on the one hand is great, but on the other is just not right.



Surrounded by Sound Wonder Word Solution

T	H	S	N	C	Z	O	Q	L	Z	H	U	C	K	L	I	N	G	U	
B	B	K	C	W	H	I	M	P	E	R	I	N	G	V	O	S	K	S	K
Z	A	W	H	S	X	D	G	I	S	Z	F	U	F	O	H	S	T	Q	
L	R	O	B	W	Z	J	C	H	J	Q	D	D	M	G	N	U	V		
W	K	F	M	S	Q	H	B	P	R	N	U	M	J	V	J	H	O	B	T
Z	I	I	X	B	U	U	T	A	Y	H	S	M	F	T	R	C	I		
A	N	Y	N	D	N	M	Z	T	S	A	M	X	H	N	R	H			
M	G	F	G	Y	X	M	Z	L	C	M	R	N	U	T	B	G	N	O	A
O	W	A	F	L	P	I	V	H	Y	M	G	Z	V	A	D	G	W	D	
U	S	H	E	O	N	N	N	U	L	O	D	C	N	L	B	I	R		
P	A	T	I	V	Q	G	G	H	N	A	N	N	N	P	G	D	H	N	U
W	L	U	R	S	I	L	R	R	G	U	G	N	F	Z	I	G	M		
A	A	V	C	U	P	Q	T	K	Q	G	S	F	R	Z	N	Q	T	K	M
U	U	R	Z	H	M	E	M	N	F	H	K	F	N	G	Z	S	B		
L	Z	A	B	Z	M	P	P	Y	N	A	U	F	E	L	H	Z	N		
W	J	K	I	L	N	R	I	V	N	G	G	P	U	R	R	I	N	G	
R	I	C	W	P	A	P	N	N	G	Y	S	R	H	L	S	Y	F	V	
U	N	D	L	D	B	N	B	N	G	S	K	J	Q	W	Q	G	G	Q	S
G	E	R	O	X	P	W	G	W	N	M	X	K	P	W	C	H	E	X	B
G	O	W	X	K	Z	F	M	F	H	C	W	Z	K	K	S	L	M	B	C

Colour the Choir



See what great love the Father has lavished on us, that we should all be called children of God!

1 JOHN 3:1



Kyra Sarakosti (Greek Lent Lady Greek Easter tradition)

Sarakosti marks the beginning of Great Lent, **40-Day period** of fasting prior to Easter.

Kyra Sarakosti or Greek Lent Lady is still prepared at the beginning of Sarakosti and marks the 7-week period of fasting for the Great Lent. In a way, Greek Lent Lady serves as a calendar and countdown to Easter or Pascha.

Sarakosti is traditionally made of bread, though in some areas of Greece it can also be made from fabric with seven attached feathers. The most well-known bread Lady Sarakosti is either depicted as a lady dressed in folklore or as a nun.

The bread version of Greek Lady of Lent is depicted as a lady with a cross on her head or on her hands, depicting her Christian faith. She has no mouth as she is fasting. She may have ears, but these are covered by a scarf, as she refuses to listen to gossip. Finally, she has seven legs or feet, each one representing the seven weeks of Great Orthodox Lent.

Each week one of the legs or feet is broken off with the last one left for Easter. The ancient custom has it that the last leg or foot is hidden into either an Easter bread or in a bowl of fruits, usually figs. The bread or fruit is then offered to guests and whoever finds Kyra Sarakosti's last leg is the lucky one.

Kyra Sarakosti

Ingredients:

- 500 gr strong flour
- 220 gr water
- 180 gr salt

Instructions:

1. Start by assembling and weighing your ingredients.
2. In a bowl, add flour with salt and mix.
3. Continue by adding gradually lukewarm water and start kneading the dough.
4. Let it rest for 1-2 hrs so that salt dissolves.
5. Roll out the dough on the kitchen counter to an approximate thickness of 1cm with a rolling pin.
6. Preheat the oven to 160°C (320°F).
7. You can either cut the dough into a shape of a lady by following an outline of a previous drawn lady or you can simply cut out a lady figurine.
8. You can decorate Kyra Sarakosti as you like. If you want to decorate her with different colours, mix the remaining dough with either cinnamon or ground cloves. These give off fantastic aromas and different colours.
9. You can use cloves for the eyes and shape little round balls which I then add on her apron and dress to decorate.
10. Once you have completed Kyra Sarakosti, bake the dough for 30 minutes at 160°C (320°F). If your dough is thicker, it may require a little bit longer.



Recipes to Relish

Cheese and Bacon Puffs

Yield: 36 mini muffins

Ingredients:

- 1 cup cheese, grated
- 2 cups SR flour
- 2 or 3 bacon rashers, chopped
- 1 cup milk
- 1 onion, finely chopped

Method:

1. Combine all ingredients. Mix to a moist dough. (Add a little more milk if too dry.)
2. Drop a spoonful into a greased gem tin or mini muffin tray.
3. Bake in a moderate oven for 15 - 20 mins. or until golden brown.

Margaret Smith



Impossible Pie

Ingredients:

- 4 eggs
- 2 cups milk
- 1¹/₂ cups margarine
- 1¹/₂ cup plain flour
- 1 cup of grated cheese for topping

Filling Suggestions:

- Salmon and corn. For example, add 415g canned salmon, drained (or less if preferred) and approx. 1 cup corn - drained
- Salmon and asparagus
- Ham (approx. 1/2 to 3/4 cup chopped ham to taste) and corn
- Ham and spinach or whatever you like (quantities to taste).

Method:

1. Beat the eggs, milk, margarine and flour together.
2. Add filling and mix well.
3. Pour into a 18 x 28cm rectangular baking dish, greased or lined with non-stick baking paper.
4. Sprinkle with grated cheese and bake in a 200°C oven (or 180° fan forced) for 40 mins, or until golden brown.
5. Nice served warm or cold with salad. If a firmer consistency is preferred, refrigerate before serving.



Margaret Smith

Recipes to Relish

Galatopita (Greek Custard Pie)

Ingredients

- 4 cups (950 mls) of milk
- 10 tablespoons semolina
- 1 cup (200 g) sugar
- 4 eggs
- 2 teaspoons vanilla
- Lemon zest from 1 lemon
- 1 tablespoon butter
- Cinnamon and powdered sugar for serving

Instructions

1. Preheat oven at 180°C
2. Prepare a round 23 cm pie dish or pan by greasing it and sprinkling some semolina flour.
3. In a bowl mix the semolina flour, sugar, 1 cup cold milk, 3 eggs, vanilla and zest until smooth.
4. Heat the rest of the milk and add to flour mixture and mix. Transfer to a heavy pot.
5. Place pot under low heat and mix with a wooden spoon until the mixture thickens (about 10 minutes). Be careful not to let the custard burn.
6. Once the mixture starts to bubble, continue heating and mixing for 2-3 minutes.
7. Remove from heat and add 1 tablespoon butter. Mix until butter melts.
8. Let the custard cool for about 5 minutes.
9. Pour mixture in the pan or pie dish.
10. In a small bowl beat the other egg and brush on top of pie.
11. Bake for about 45 minutes until surface starts to brown.
12. Remove from oven and let the pie cool completely.

Serve with a sprinkle of cinnamon and powdered sugar.



Maria Abraham (Senior)

Enjoy

Parish of Broadview and Enfield Calendar Dates 2022

June	26	Combined Worship 10.30 with Confirmation and Fellowship Lunch: St Clement's (Bishop Denise Ferguson)
July	03 31	Sunday School Exam Unit 8: Malayalam Congregation Combined Worship 10.30 and Fellowship Lunch: St Philip's: St Stephen's Day
August	20	Quiz Night
September	11	Combined Worship 10.30 am and Onam Lunch: St Philip's
October	02 15 23	Feast of St Francis of Assisi & Animal Blessing: St Clement's 9 am, St Philip's 10.30 am; Environment Sunday: CSI Malayalam Congregation 4 pm Harvest Festival: Malayalam Cong.: 9.30 am Worship and Festival 11 am St Luke the Evangelist Feast Day Healing Sunday: Malayalam Congregation
November	06 27	All Saint's Sunday World Sunday School Day: Malayalam Congregation 4 pm Combined Worship 10.30 am: St Clement's Patronal Festival/Fellowship Lunch First Sunday of Advent Sunday School Finale: Malayalam Congregation
December	04 10 11 17 18 24 25 31	Second Sunday of Advent Carol Nite: CSI Malayalam Congregation Third Sunday of Advent Carol Rounds of the Parish Fourth Sunday of Advent Midnight Mass of Christmas: St Philip's 11 pm Christmas Day Service: CSI Malayalam Congregation 7 am Christmas Day Service: St Clements 9.30 am New Year's Eve Watch Night Service: Malayalam Congregation 11 pm

Parish of Broadview and Enfield

Contact Details

Parish Webpages and Platforms can be found using the following titles:

Website:

The Anglican Parish of Broadview and Enfield

Facebook:

St Philip's Church - Anglican Parish of Broadview and Enfield

*St. Clement's - Anglican Parish of Broadview & Enfield
Malayalam Congregation, Adelaide, Anglican Parish of
Broadview and Enfield*

YouTube Channel:

Anglican Parish of Broadview & Enfield

Parish Contact Details

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St Philip's Church

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